



ADVENT LESSONS AND  
CAROLS  
WITH EUCHARIST  
AND  
PRAYER FOR  
SPIRITUAL COMMUNION

THE FIRST SUNDAY OF ADVENT

NOVEMBER 29, 2020

CHRIST'S CHURCH CATHEDRAL,  
HAMILTON

*Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Anglican Church is its liturgical worship. Liturgy refers to the patterns, forms, words and actions through which public worship is conducted.*

*The people's responses are in **bold**.*

*As sojourners on this land, we acknowledge the heritage and history of the Haudenosaunee and Anishinaabe nations at the time of the creation of the "Dish With One Spoon" wampum agreement. As partners with them and with all of God's Creation, we honour and respect these nations. We walk together with all whom we meet here justly, mercifully and humbly.*

## The Gathering of the Community

*When the service is accompanied by music, it often begins with an instrumental or vocal piece of music during which the congregation can prepare for worship.*

### GATHERING MUSIC

Come, Saviour of the Nations

Johann Sebastian Bach (1685-1750)

### INTROIT

*Ad te levavi animam meam,  
Deus meus, in te confido:  
non erubescam: neque irideant me inimici mei.  
Etenim universi qui te expectant non confundentur.*

*Vias tuas, Domine, demonstra mihi: et semitas tuas edoce me.*

*Unto you will I lift up my soul;  
my God, I have put my trust in you:  
Let me not be confounded, nor enemies triumph over me.  
For all they that hope in thee shall not be ashamed.*

*Show me your ways, O Lord: and teach me your paths*

## THE LIGHTING OF THE ADVENT CANDLE

*The tradition of the Advent Wreath goes back to early Europe. The successive lighting of four candles on each Sunday in Advent symbolizes the marking of the weeks leading to Christmas and the Birth of Our Lord as well as the sense of increasing Light in the face of lengthening Darkness.*

Blessed are you, sovereign Lord, God of our ancestors:  
to you be praise and glory for ever.  
You called the patriarchs to live by the light of faith  
and to journey in the hope of your promised fulfillment

**Blessed be God for ever.**

May we be obedient to your call  
and ready and watchful to receive your Christ,  
a lamp to our feet and a light to our path;  
for you are our light and our salvation.

**Blessed be God for ever.**



Light one can-dle to watch for Mes-si - ah: let the light ban-ish dark - ness.

He... shall bring sal - va-tion to Is-ra-el, God ful- fills... the prom - ise.

## THE KYRIE

*The Kyrie is an ancient prayer of the church drawing our hearts to God's presence. As an approach to worship it also brings a moment for penitence and absolution before the Eucharist continues.*

Brothers and sisters, let us acknowledge our sins and so prepare to celebrate this Holy Eucharist.

You were sent to heal the contrite of heart: Lord, have mercy

**Lord, have mercy**

You came to call sinners: Christ, have mercy

**Christ, have mercy**

You are seated at the right hand of the Father to intercede for us: Lord, have mercy

**Lord, have mercy**

May the Almighty God grant us forgiveness of all our sins,  
and the grace and comfort of the Holy Spirit.

**Amen**

## THE COLLECT FOR THE FIRST SUNDAY OF ADVENT

*The collect is the prayer appointed for each Sunday that “collects” the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures of the day.*

The Lord be with you

**And also with you.**

Let us pray.

Almighty God,  
give us grace to cast away the works of darkness  
and put on the armour of light,  
now in the time of this mortal life  
in which your Son Jesus Christ  
came to us in great humility,  
that on the last day,  
when he shall come again in his glorious majesty  
to judge both the living and the dead,  
we may rise to the life immortal;  
through him who lives and reigns  
with you and the Holy Spirit,  
one God, now and for ever.

**Amen.**

## The Proclamation of the Word – An Advent Procession

LESSON

*Isaiah 40: 1-8*

Comfort, O comfort my people, says your God.  
Speak tenderly to Jerusalem, and cry to her  
that she has served her term,  
that her penalty is paid,  
that she has received from the LORD’s hand  
double for all her sins.

A voice cries out:

“In the wilderness prepare the way of the LORD,  
make straight in the desert a highway for our God.  
Every valley shall be lifted up,  
and every mountain and hill be made low;  
the uneven ground shall become level,  
and the rough places a plain.  
Then the glory of the LORD shall be revealed,  
and all people shall see it together,  
for the mouth of the LORD has spoken.”

A voice says, “Cry out!” And I said, “What shall I cry?”

All people are grass,  
their constancy is like the flower of the field.  
The grass withers, the flower fades,  
when the breath of the LORD blows upon it;  
surely the people are grass.  
The grass withers, the flower fades;  
but the word of our God will stand forever.

*Montes et omnes colles humiliabuntur  
Et erunt prava in directa  
Et aspera in vias planas.  
Veni, Domine,  
Et noli tardare  
Alleluia.*

*The mountains and all the hills shall be brought low,  
And all the paths will be made straight,  
And the rough places plain.  
Come, Lord,  
and do not delay  
Hallelujah.*

## LESSON -

Jeremiah 23: 3-6

Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD.

The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The LORD is our righteousness."

## MOTET – The Truth from Above

trad. Arr. Ralph Vaughan-Williams

*This is the truth sent from above,  
The truth of God, the God of love,  
Therefore don't turn me from your door,  
But hearken all both rich and poor.*

*The first thing which I do relate  
Is that God did man create;  
The next thing which to you I'll tell  
Woman was made with man to dwell.*

*Thus we were heirs to endless woes,  
Till God the Lord did interpose;*

*And so a promise soon did run  
That he would redeem us by his Son*

*And at that season of the year  
Our blest Redeemer did appear;  
He here did live, and here did preach,  
And many thousands he did teach.*

*Thus he in love to us behaved,  
To show us how we must be saved;  
And if you want to know the way,  
Be pleased to hear what he did say.*

Rejoice greatly, O daughter Zion!  
 Shout aloud, O daughter Jerusalem!  
 Lo, your king comes to you;  
 triumphant and victorious is he,  
 humble and riding on a donkey,  
 on a colt, the foal of a donkey.  
 He will cut off the chariot from Ephraim  
 and the war-horse from Jerusalem;  
 and the battle bow shall be cut off,  
 and he shall command peace to the nations;  
 his dominion shall be from sea to sea,  
 and from the River to the ends of the earth.

MOTET – O Heiland, reiss die Himmel auf

Johannes Brahms (1833-1897)

*O Heiland, reiß die Himmel auf,  
 Herab, herauf vom Himmel lauf,  
 Reiß ab vom Himmel Tor und Tür,  
 Reiß ab, was Schloss und Riegel für.*

*O Saviour, tear open the heavens,  
 flow down to us from heaven above;  
 tear off heaven's gate and door,  
 tear off every lock and bar.*

*O Gott, ein' Tau vom Himmel gieß,  
 Im Tau herab o Heiland fließ,  
 Ihr Wolken, brecht und regnet aus,  
 Den König über Jakobs Haus.*

*O God, a dew from heaven pour;  
 in the dew, O Saviour, downward flow.  
 Break, you clouds, and rain down  
 the king of Jacob's house.*

*Hie leiden wir die größte Not,  
 Vor Augen steht der bitter Tod,  
 Ach komm, führ uns mit starker Hand  
 Von Elend zu dem Vaterland.*

*Here we suffer the greatest distress;  
 before our eyes stands bitter death.  
 Ah, come lead us with your powerful hand  
 from this misery to our Father's land.*

*Da wollen wir all danken dir,  
 Unserm Erlöser für und für,  
 Da wollen wir all loben dich,  
 Je allzeit immer und ewiglich.*

*Therefore we all want to thank you,  
 our Redeemer, for ever and ever.  
 Therefore we also want to praise you  
 at all times, always, and forever.*

LESSON

Isaiah 35: 1-6

The wilderness and the dry land shall be glad,  
 the desert shall rejoice and blossom;  
 like the crocus it shall blossom abundantly,  
 and rejoice with joy and singing.  
 The glory of Lebanon shall be given to it,  
 the majesty of Carmel and Sharon.  
 They shall see the glory of the LORD,  
 the majesty of our God.

Strengthen the weak hands,  
 and make firm the feeble knees.  
 Say to those who are of a fearful heart, "Be strong, do not fear!

Here is your God.  
He will come with vengeance,  
with terrible recompense.  
He will come and save you.”

Then the eyes of the blind shall be opened,  
and the ears of the deaf unstopped;  
then the lame shall leap like a deer,  
and the tongue of the speechless sing for joy.  
For waters shall break forth in the wilderness,  
and streams in the desert

MOTET – Chorus (*Wachet auf, ruft uns die Stimme*) BWV 140,1

Johann Sebastian Bach

*Wachet auf, ruft uns die Stimme,  
der Wächter sehr hoch auf der Zinne,  
wach auf, du Stadt Jerusalem.  
Mitternacht heißt diese Stunde,  
sie rufen uns mit hellem Munde,  
wo seid ihr klugen Jungfrauen?  
Wohlauf, der Bräuf'gam kömmt,  
steht auf, die Lampen nehmt,  
Alleluia!  
Macht euch bereit  
zu der Hochzeit,  
ihr müsset ihm entgegen gehn.*

*Awake, calls the voice to us  
of the watchmen high up in the tower;  
awake, you city of Jerusalem.  
Midnight the hour is named;  
they call to us with bright voices;  
where are you, wise virgins?  
Indeed, the Bridegroom comes;  
rise up and take your lamps,  
Alleluia!  
Make yourselves ready  
for the wedding,  
you must go to meet Him.*

THE GRADUAL AND ALLELUIA (sung by the Schola)

*For none shall be ashamed, Lord, that wait for you. Vs. Lord, show me your ways and teach me your paths. Alleluia (Ps.  
84:8). Vs. Show us, Lord, your mercy and grant us your salvation. Alleluia. Alleluia.*

THE HOLY GOSPEL

*This reading is taken from one of the four Gospels (Matthew, Mark, Luke and John) which depict the life, teachings, death, resurrection and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus' words and actions.*

*Mark 13: 24-37*

The Lord be with you.  
**And also with you**

The Holy Gospel of our Saviour Jesus Christ according to Matthew  
**Glory to you, Lord Jesus Christ**

But in those days, after that suffering,

the sun will be darkened,  
and the moon will not give its light,  
and the stars will be falling from heaven,  
and the powers in the heavens will be shaken.

Then they will see ‘the Son of Man coming in clouds’ with great power and glory. Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven.

“From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. So also, when you see these things taking place, you know that he is near, at the very gates. Truly I tell you, this generation will not pass away until all these things have taken place. Heaven and earth will pass away, but my words will not pass away.

“But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father. Beware, keep alert; for you do not know when the time will come. It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, or else he may find you asleep when he comes suddenly. And what I say to you I say to all: Keep awake.”

The Gospel of Christ

**Praise to you, Lord Jesus Christ.**

#### THE PRAYERS OF THE PEOPLE

*We pray for ourselves and particularly on behalf of others. In our prayers we pray for the universal church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are a part of a larger fellowship, the Church – the Body of Christ. Please respond as directed by the Intercessor.*

#### THE PEACE

The peace of the Lord be always with you  
**And also with you.**

### **The Celebration of the Eucharist**

#### THE OFFERTORY

*Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness and shared in the peace, we are prepared for the drama and miracle of the Holy Communion. At the offertory we gratefully offer back some of what God has given us, symbolically in the elements, and in our contributions towards the work of the church.*

*All are invited to make a gift to support the Cathedral’s ministry of sharing God’s love with the world by depositing your donation in the receptacles provided just inside the nave from the narthex. You can also consider donating online at [www.cathedralhamilton.ca](http://www.cathedralhamilton.ca)*

## MUSIC AT THE OFFERTORY

### Matin responsory

*I look from afar: and lo, I see the power of God coming, and a cloud covering the whole earth. Go ye out to meet him and say: Tell us, art thou he that should come to reign over thy people Israel? High and low, rich and poor, one with another, go yet out to meet him and say: Hear, O thou Shepherd of Israel, thou that leadest Joseph like a sheep, Tell us, art thou he that should come? Stir up thy strength, O Lord, and come to reign over thy people Israel. Glory be the Father and to the Son, and to the Holy Ghost. I look from afar: and lo, I see the power of God coming, and a cloud covering the whole earth. Go ye out to meet him and say: Tell us, art thou he that should come to reign over thy people Israel?*

Text: Words translated from the Responsory of Advent Sunday in the Office of Matins  
Music: adapted from a Magnificat by G. Da Palestrina

## PRAYER OVER THE GIFTS

God of love and power,  
your word stirs within us  
the expectation of the coming of your Son.  
Accept all we offer you this day,  
and sustain us with your promise of eternal life.  
We ask this in the name of Jesus Christ our Lord.

**Amen.**

## THE GREAT THANKSGIVING

*In the Great Thanksgiving, we do what Jesus himself asked us to do: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a long prayer with four parts. Each of these four parts corresponds to a different action of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."*

The Lord be with you

**And also with you**

Lift up your hearts in adoration

**We lift them up to God**

Let us give thanks to the Living God

**It is right to give our thanks and praise.**

Blessed are you, gracious God,  
creator of heaven and earth;  
we give you thanks and praise  
through Jesus Christ our Lord,  
who in the fullness of time came among us in our flesh,  
and opened to us the way of salvation.  
Now we watch for the day when he will come again  
in power and great triumph to judge this world,  
that we, without shame or fear,  
may rejoice to behold his appearing.

Therefore we praise you,  
joining our voices with angels and archangels  
and with all the company of heaven,  
who for ever sing this hymn  
to proclaim the glory of your name.

SANCTUS

*Missa Brevis Boreal – Matthew Emery*

We give thanks to you, Lord our God,  
for the goodness and love you have made known to us in creation;  
in calling Israel to be your people;  
in your Word spoken through the prophets;  
and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him to be incarnate from the Virgin Mary,  
to be the Saviour and Redeemer of the world.  
In him, you have delivered us from evil, and made us worthy to stand before you.  
In him, you have brought us out of error into truth, out of sin into righteousness,  
out of death into life.

On the night he was handed over to suffering and death,  
a death he freely accepted, our Lord Jesus Christ took bread;  
and when he had given thanks to you,  
he broke it, and gave it to his disciples, and said,  
“Take, eat: this is my body which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine;  
and when he had given thanks, he gave it to them, and said,  
“Drink this, all of you: this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Whenever you drink it, do this for the remembrance of me.”

Therefore, Father, according to his command,

**we remember his death,  
we proclaim his resurrection,  
we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you,  
Lord of all; presenting to you, from your creation, this bread and this wine.  
We pray you, gracious God,  
to send your Holy Spirit upon these gifts,  
that they may be the sacrament of the body of Christ  
and his blood of the new covenant.  
Unite us to your Son in his sacrifice,  
that we, made acceptable in him,  
may be sanctified by the Holy Spirit.

In the fullness of time,  
reconcile all things in Christ, and make them new,  
and bring us to that city of light where you dwell with all your sons and daughters;  
through Jesus Christ our Lord,  
the firstborn of all creation,  
the head of the Church, and the author of our salvation;  
by whom, and with whom, and in whom, in the unity of the Holy Spirit,  
all honour and glory are yours, almighty Father, now and for ever.

**Amen.**

#### THE LORD'S PRAYER

*We pray together the prayer that Jesus taught his disciples to pray. The link between our daily bread and the spiritual food we receive in the Eucharist is an ancient connection.*

As our Saviour taught us, let us pray,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial, and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
now and for ever. Amen.**

#### THE INVITATION TO SPIRITUAL COMMUNION

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

The presider invites the following prayer to be said by all.

**My Jesus, I believe that you are present in the blessed sacrament.  
I love you above all things and I desire you in my soul.  
Since I cannot now receive you sacramentally,  
come at least spiritually into my heart.  
As though you were already there I embrace you,  
and unite myself wholly to you.  
Permit not that I should ever be separated from you. Amen.**

**Jesus,  
I want to follow you:  
to see you more clearly;  
love you more dearly; and  
follow you more nearly.  
So come into my heart,  
so that we may share life together.  
Amen**

#### MUSIC AT COMMUNION

Agnus Dei

*Missa Brevis Boreal – Matthew Emery*

## PRAYER AFTER COMMUNION

God for whom we wait,  
you have fed us with the bread of eternal life.  
Keep us ever watchful,  
that we may be ready to stand before the Son of man.  
We ask this in the name of Christ the Lord.

**Amen.**

## THE BLESSING

## THE DISMISSAL

Go in peace to love and serve the Lord  
**Thanks be to God**

## POSTLUDE

Fugue in g

Johann Sebastian Bach

---

## PARTICIPANTS

### PRESIDER

*The Rev. Canon Terry DeForest  
Rector-in-the-Interim  
Christ's Church Cathedral*

### ASSISTING CLERGY

*Rev. Dr. Dan Tatarnic  
Associate Priest  
Christ's Church Cathedral*

### THE SCHOLA CANTORUM

*Sarah McPherson, Richard Cunningham, John Jamisse, Jeremy Ludwig*

### DIRECTOR

*Michael Bloss, organ*

---

## PERMISSIONS

Texts of the Old Testament and Gospel taken from the *New Revised Standard Version Bible*, Copyright 1989. Used by permission. Collects, creed, and peace communion prayers taken from *Book of Alternative Services, Anglican Church of Canada*. Used by permission. OneLicense.net #A-707055