

# CONTACT

Christ's Church Cathedral

Summer, 2026



*Enjoy!*

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# IN THIS ISSUE

## **“Enjoy” (v.)**

Late 14th c., *enjoien*, “rejoice, be glad” (intransitive), from stem of Old French *enjoir* “give joy, rejoice, take delight in”

Sourced: [etymonline.com](http://etymonline.com)

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Errata: In the Easter printed issue, From the Dean’s Desk, should have read Frederick Buechner. We apologise for this error.

## FROM THE EDITOR

This is a paraphrase, but I'm sure I can be forgiven. On Sundays when the Dean presides at the 10:30 service, he invites everyone – especially visitors – to stay for coffee and sweets. He is especially enthusiastic when there's cake! We've had a lot of cake lately: two clergy celebrating 40 years in ministry; adult baptisms; the Lieutenant Governor of Ontario visiting; the renovation of the kitchen; recognition of International Women's Day; and the birthday of our latest centenarian! Just to name a few. Gosh, we love our cake! As a congregation, we love to eat and we love to feed others. It's an essential part of our community DNA.

If you were in church on June 7<sup>th</sup>, or watching the service online, you likely witnessed something spectacular. During the announcements, the Dean reminded us of the upcoming barbeque on June 20<sup>th</sup>, which will celebrate our 150<sup>th</sup> anniversary as a cathedral parish. Then, Ivan Twinomugisha stepped up to the lectern and announced a challenge. Ivan is a member of the Generosity Team. He explained that during the summer months there will be a major renovation of the narthex and while roughly 70% of the funding for the project is in place, another \$40,000 needs to be raised. He challenged the congregation: "let's raise \$1,000 in the next twenty minutes!" Initially, no one responded. I think we were all too stunned. It's difficult to talk about money so publicly. Never mind act on it. In a minute, I'm going to give over my editorial space to Ivan but first let me say that if you would like to donate to the Narthex

project **in addition to** your usual givings, it's not too late. Give Paula Estevez a call. Now, here's Ivan:

On Sunday, June 7, I had the privilege of presenting to our Cathedral family as part of the Narthex Renovation Appeal, an honour I hold with deep gratitude.

When I first arrived in Canada, I visited many churches searching for belonging. Walking through this Cathedral's narthex, I found home. That experience became my message.

I pledged \$100 as my seed gift, set a goal of \$1,000, and invited our congregation to stand with me. By God's grace, we collected \$1,345 – exceeding the target by \$345!

To our Cathedral family – you didn't just give to a renovation. You invested in a space where every newcomer can walk through those doors and find home, just as I did.

To God be the glory,

Ivan Twinomugisha  
Generosity Team,  
Christ's Church Cathedral



**Sally Braun-Jackson**  
Editor



## FROM THE DEAN'S DESK

Someone with whom I was speaking recently shared that she no longer farewells people with 'Have a good day.' Rather she now bids them, 'Enjoy your day.' And the reason? She recognises that there is an element of choice in how we show up each day. We can choose to enjoy our day.

Of course, in saying this, there are some for whom choosing to enjoy can simply seem a bridge too far – those, for example, suffering from mood disorders, coping with significant loss, managing chronic pain. 'Choose to enjoy' can come across as tone-deaf at best. At the same time, choosing joy is one of the key tenets in the thought and writing of one of the late 20<sup>th</sup> century's best loved authors on Christian spirituality, Henri Nouwen. 'Joy is the experience of knowing that you are unconditionally loved and that nothing—sickness, failure, emotional distress, oppression, war, or even death—can take that love away.' Nouwen himself was no stranger to the vicissitudes of anxiety and depression. For me, one of his most poignant books is *The inner voice of love: a journey through anguish to freedom*. When his sense of worth, his energy to live and work quite suddenly evaporated, Nouwen lost all sense of being loved and any hope in God. Emerging from that deeply painful passage, Nouwen could still write,

Joy does not simply happen to us. We have to choose joy and keep choosing it every day. It is a choice based on the knowledge that we belong to God and have found in God our refuge and our safety and that nothing, not even death, can take God away from us (from *You are the Beloved: daily meditations for spiritual living*).

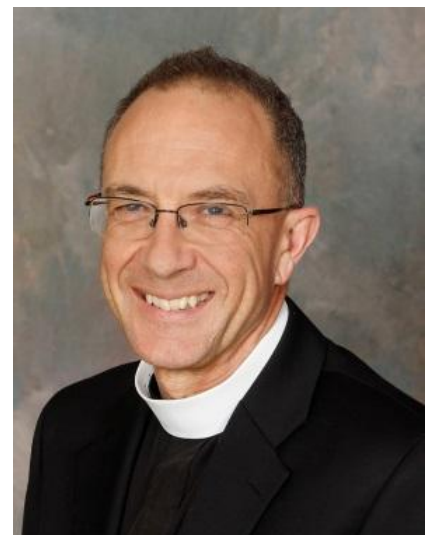
We do belong to God. In belonging to God, we will always belong to God, our refuge

and our safety. This is our core identity as Christians. The Psalmist reminds us that 'In your presence, there is fullness of joy; in your right hand are pleasures for evermore' (16.11). Jesus reassures his disciples before his untimely death in a state-sponsored execution, 'I have said these things to you so that my joy may be in you and that your joy may be complete (John 15.11). Choosing joy becomes more second-nature to us as we simply rest in God, converse with Jesus, open ourselves to the Spirit's presence in the cut and thrust of our daily lives. We read that Jesus was 'full of joy through the Holy Spirit' when the 12 returned from their mission (Lk 10.21). The God we love and worship at 252 James N invites you through the Spirit simply to participate in Christ's joy midst the uncertainty, division and violence which too often risks overshadowing our true identity as God's beloved and joy-filled children.

A blessed, restful and restorative Summer to you all. ✦

Tim+

**The Very Rev.  
Dr. Tim Dobbin ✦**



# MONICA'S MUSINGS

## The Joy of the Lord

*Nehemiah said, "Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for the joy of the Lord is your strength."*  
Nehemiah 8:10



Lunch with our some of our Sunday servers!

People tend to identify me as being a generally upbeat and happy person. I know that I easily find delight in things I find to be beautiful, fun, or wondrous. When asked once during a Being With gathering what gift or trait I personally bring to most group situations, my self-aware answer was "Exuberance!" which Tim affirmed with strong nods of recognition. While I definitely come wired for this kind of optimism, I have also come to understand that some of my ease in finding joy grows out of an ever-increasing sense of God's deep love and care for me, others, and all creation that has slowly built up over years of God's faithfulness.

This is one of the reasons I delight (that word very intentionally chosen) in this verse from Nehemiah. The context and setting is Jerusalem at the end of the Babylonian exile. A group of Israelites has returned to their homes after 70 years forced to live in a foreign land. On this day, Nehemiah the governor and Ezra the priest gathered all the former exiles together in the town square to hear the Book of the Law of Moses read aloud to them. They were so touched by what they heard – how it highlighted what they had lost – that the assembly began to weep and mourn.

The leaders had not intended to discourage an already vulnerable people. Their desire was to support and encourage them as they rebuilt their lives and their expressions of their faith. So, Nehemiah told everyone to turn their attention instead to God in gratitude and to celebrate with delicious food and drinks, sharing with everyone who was in need. Why? Because the day was holy and "the joy of the Lord is your strength."

I think this story speaks well to our current moment. There is so much that is troubling in our world today, both internationally and in our city, across our nation and in our own families. It can be very easy to get fixated on what is wrong and to be discouraged by what we see and may feel helpless to change.

There is something beautifully countercultural and holy about true joy in

*(Continued on page 6)*

the midst of difficult circumstances. I'm not talking about denial or wishful thinking. I'm talking about someone who accepts that things are hard and not as they should be and still chooses to delight in God and to hope and work for God's reign of peace, justice, and love in our midst and for the future. We grieve and remember that God's love is real. We ache and affirm that God's healing is happening. We look ugliness in the eye and also see God's world still filled with beauty and wonder. Having joy in the Lord allows us to boldly share the gifts we have been given with others, trusting that God always has more to provide.

So may we all find the joy in the Lord to be our strength as we gather to worship, serve, learn, grow, and share with each other, our neighbourhood, and beyond.✝



**The Rev. Monica  
Romig Green**



# MUSIC HATH CHARMS!

Extreme heat, bad air, increased flooding, forest fires more frequently occurring, people's homes destroyed, whole cities destroyed; inhabitants forced to leave their homes and lucky if their homes are still there when and if they are able to return. Mother Earth is in crisis.

In such troubled times, it's always a relief to find solace among relatives and friends. Or finding joy in an activity with others that soothes the soul. The first "Art Crawl" of the 2025 season was one of those occasions for Elders for Climate Sanity (E4CS) who gathered in Bishopsgate on the evening of Friday, May 8.



E4CS had sung songs on two previous "crawl" occasions (one of which was a SuperCrawl). The songs' lyrics were projected on a wide screen accompanied by an accomplished guitarist, Steve Chalastra, complete with sound box. Each song's lyrics were suited to the climate crisis. Some people on the street stopped to join their voices with the choir. These were the days when the main entrance doors of the cathedral were boarded up awaiting repairs. Vital to all our appearances Michael, the cathedral verger, provided a table and chairs for our information and displays regarding the climate crisis.

In anticipation of the first art crawl in 2026, E4CS began practices with some new songs and were joined by Sylvia Miedinger, a ukulele player; and her friend Sue Crowe Connolly who shared her choir leadership skills with us. One of the elders, Neal Bonner, contributed his drum beat with a cajon, a cordless sound box.

The centre doors to the narthex of the Cathedral had been repaired and reopened. The former restrictions regarding power lines on the sidewalk and sound entering the nave were back in place. We could manage without a projector and screen. What would we do without an amplifier for the musicians? And Sylvia was unable to be with us with her ukulele.

Undaunted, when the time was ripe, we began our songs. There was just enough accompaniment to get us started on each song and I was near enough to continue hearing Steve's guitar. When it came to the "round", Sue included some on lookers from the street to join the two parts of the choir; plus a group of five young men, one of whom was a nephew of one of the choir members, Rose Janson. The experience was beyond our best hope!

Again, our thanks to Dean Dobbin, Priest Associate Monica, Climate Justice Cathedral and verger Michael for their continued encouragement.

Join us at the artcrawls:  
second Friday of each  
summer month! †

**The Rev. Don Brown**



# WE ARE GRATEFUL FOR OUR ENDOWMENTS

In the Easter edition of Contact I began outlining the importance of the cathedral's investment funds for our current and future financial health. Parishioners are reminded of the cathedral's investment funds once a year at Vestry when our Treasurer presents the financial statements. However, given the wealth of information in the annual Vestry report, it is understandable if some have not had the chance to examine the details of these funds and understand what they do.

In the larger community we hear terms like "foundation" and "endowment" and "trust fund" and "investment fund". **At a most basic level, these kinds of funds are established to provide a stream of income in perpetuity** towards achieving the purpose for which the fund was set up.

So how do these funds work? Money contributed to a fund is invested under the guidance of a board and financial managers. The investments can be in a wide variety of securities such as bonds, guaranteed investment certificates, stocks, real estate and other investment vehicles.

It is very important to remember that **the original amount of a donation** to an endowment fund, if the donor so designates, **must be preserved**. It is only the monies generated from the investments, such as the interest, dividends and capital gains, that can be withdrawn from the fund to go towards a designated purpose.

For example, say you donate \$1000 to a cathedral long term investment fund. And suppose, after a year, because of investment gains, that \$1000 is now worth \$1060. At that point, only a maximum of \$60 potentially could be withdrawn from the fund. **The original \$1000 must stay in the fund, in perpetuity.**

Typically, however, **the full amount** of any investment gain is **not withdrawn**. This is so that the original capital amount can grow. Consider your \$1000 donation that has now grown to \$1060 at year's end. If the Treasurer

withdraws 1/3 or \$20, then the amount you donated is now worth \$1040 going forward to the next investment year. In fact, the cathedral's policy is to withdraw only 1/3 of the available amount each year in order that the capital continues to grow.

In the past we have highlighted the Caroline and Clifford Morris Fund. The Morris's original bequest of \$220,000 was to be used for cathedral property maintenance. Through annual withdrawals of \$25,000 this fund has contributed over **half a million dollars** (over \$500,000) in the 20 plus years since the original donation, and the amount of capital in the fund, in March 2026, **was \$445,000.**

## Key things to Remember

1. If you donate to the cathedral's Preserve to Serve investment fund the original amount you donate can **never** be spent. It will be invested, and only a percent of the investment gains can be withdrawn.
2. If not to Preserve to Serve, you can donate to one of the other cathedral endowment funds or establish a new fund with a purpose of your choosing. Again, with such funds, where the donor designates that the capital must be preserved, the original amount of the donation is maintained.
3. Investment funds are critical for the cathedral's current and future financial health, over and above annual parishioner givings – **which of course are also absolutely vital!** In 2025 our investment funds paid for about 21% of our operating budget. Growing our investment funds will give us more financial security, and flexibility in the ministries we can offer.
4. The cathedral's Preserve to Serve funds are invested with the Diocese of Niagara Ministries Foundation while other funds are invested with the Diocese investment funds. All these funds are invested with

Russell Investments, a professional investment company with assets under management of \$517 billion.

5. The Morris Endowment Fund is managed by the Cathedral's Morris Endowment Committee and an advisor from RBC.
6. Remember also that the charities we love and support, apart from the cathedral, have donors from the general public from all walks of life. **But it is only us, cathedral parishioners, who are donating to the cathedral!!!** The cathedral depends solely on us – no one else is supporting us.
7. So please, think about it. A capital donation now or as a bequest will support the cathedral for years to come. You don't have to be a millionaire to make a difference. All amounts add up and make a huge impact over time.

**Footnote:** a list of all our investment funds, their amounts and purposes, appear on pages 14 to 18 in the 2025 Vestry Report. Our Treasurer Canon J Lefebvre, or parishioners who have long been involved with our investments such as Sandy Darling, would be pleased to answer any questions you might have about our cathedral investment funds, and what and how to donate.✚



**Janina Vanderpost**  
Generosity Team

## PASSAGES

### Baptisms

**Jacob David Martin WILLIAMS** Baptised: April 12, 2026

**Lynn Victoria Clara WATKINS** Baptised: April 12, 2026

**Parami Chatubani DISSANAYAKE** Baptised: May 24, 2026

**Teahanna NORLOCK** Baptised: May 24, 2026

### Marriages

**Brian Ross SCOTT and Elvira FRANI** May 1, 2026

### Deaths



**Margaret Mary BEALE** Died March 16, 2026

**Mary Louise HUGHES** Died March 20, 2026

**Richard Wayne PETERS** Died April 9, 2026



## CATHEDRAL PLAQUES 2: FOUNDERS

This is the second article of four planned that focus on plaques in the cathedral. In the first article I noted that I had not written anything about plaques in *A Visual Tour of Christ's Church Cathedral* (hereafter referred to as "Visual Tour"), although in some places I shall refer to information in Visual Tour about the graveyard and people rather than repeating information available in the book.<sup>1</sup>



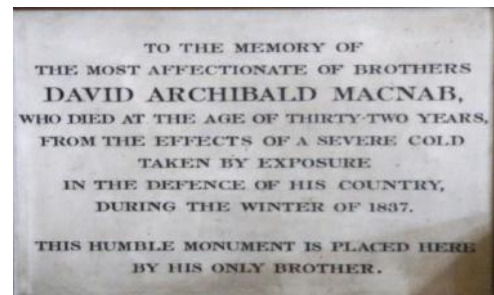
In a group of five plaques on the north wall of the nave the largest (left) memorializes **Charles Ozan Counsell** and his widow, **Mariana**. The four smaller plaques are in memory of their children, one of whom, Mariana Mary, married a member of the Martin family; in the first article I said that the Martin family would

appear in this article. The Counsell family came from Somersetshire in England after 1830, because a family tree that I could find stated that an infant child was born and died in England in the early 1830s. I have been unsuccessful, however, in finding out when Charles and his wife arrived in Hamilton or what his occupation was or whether they were here when the parish was founded.



Although **Sir Alan MacNab** was a prominent member of Christ's Church, there is no plaque dedicated to him, but he placed a plaque in memory of his brother **David Archibald MacNab**.<sup>2</sup> Alan was born in 1798 in Newark, now Niagara-on-the-lake, and later moved with his family to Toronto where he qualified as a lawyer. He moved

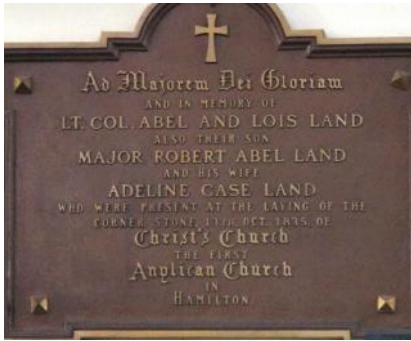
in 1826 to Hamilton where he accumulated wealth as a land speculator and property developer, as well as participating in other business enterprises. One of his major land purchases was on Burlington Heights, where he built the 72-room Dundurn Castle. Alan's business enterprises were helped when his brother, David, was named the land registrar for the county of Wentworth. David died of "a severe cold" during the 1837 rebellion and this is noted on the plaque. Alan was a member of the first building committee, and it is no surprise that the architect of Dundurn Castle also designed the first building of Christ's Church. When the original graveyard was closed and the interred bodies moved, Alan sold land on Burlington Heights for the new burial



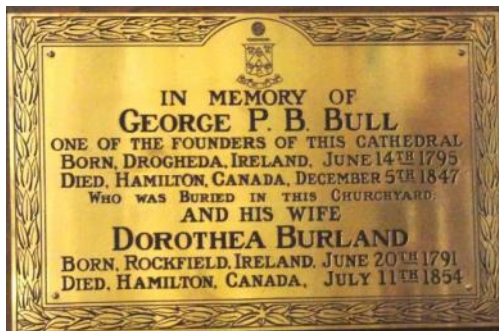
ground.<sup>3</sup> Alan served during the 1812 War and somewhat ingloriously in leading government troops during the 1837 rebellion. He was joint premier of the Province of Canada from 1854 to 1856. His second wife was a Roman Catholic, and he was baptized a catholic on the day before his death in 1862, despite his long association with Christ's Church.

On the south wall of the nave is a plaque dedicated to **Lt. Col. Abel and Lois Land** and their son Major Robert and his wife Adeline Land, who were present at the laying of the corner stone of Christ's Church on 13th of October 1835. Abel was one of the sons of **Robert Land**, one of the first four settlers at the head of the lake. "The Story of the Land Family"<sup>4</sup> was the title of a paper read before the Head-of-the-Lake Society by George Laidler on December 23, 1947.

(Continued on page 11)



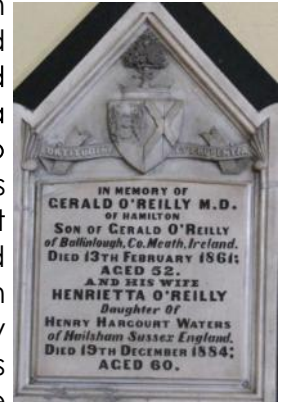
Robert Land Sr was a Loyalist in the Delaware valley of Pennsylvania who was forced to flee after being warned that his life was in danger. The paper describes his hazardous journey to his eventual settlement in this area. His family thought that he was dead and migrated to the Niagara Peninsula about twenty years later. They heard of a man named Land living at the Head-of-the-Lake and discovered that it was their father, Robert Land. They settled and received land east of where the cathedral stands and worshipped at 'Christ's Church. Laidler's paper provides extensive information about members of the family.



A plaque in the south-west of the nave is dedicated to **George and Dorothea Bull**, who were founder members of the parish. They immigrated from Ireland as other early members did, and George may have been a younger son given the British practice of the first son inheriting the estate, the next two sons joining either the army or the priesthood, and younger sons being sent to the colonies. They settled in Hamilton in 1829 or 1830 and were the first of a long line of the Bull family who worshipped here.

More about the family can be found in Visual Tour on page 17 in connection with the Good Samaritan window, and on page 34 in connection with the St Augustine window in the ambulatory.

**Gerald O'Reilly**, seventh son, was born in Ireland and trained in Dublin and London to become a doctor. He immigrated to Hamilton in 1833 and his practice extended to St Catharines, Oakville and Brantford. He was an examiner at the University of Toronto and served as surgeon to the 3rd Gore militia and the Hamilton gaol. He was one of the founders and original shareholders of the Canada Life Assurance Company and was also one of the first to be insured. He died suddenly at the age of



54. The Canadian Encyclopaedia wryly comments, "Presumably his widow collected on it [life insurance policy] at his early death, from blood poisoning, after a minor operation."

The third article in this series will appear a month before Remembrance Day and so will highlight memorials to members of the parish who died during conflict.♦

1 A copy of the second, revised addition may be purchased from the author for \$10.00 cash, cheque in favor of the cathedral, or by e-transfer to the cathedral.

2 The plaque dedicated to David Archibald MacNab is by the entrance to the Steve Varey Reading Room.

3 See page 6 of *Visual Tour* (second edition) for more information.

4 One can find the talk on the internet at <http://my.tbaytel.net/bmartin/rland.htm>.

**Sandy Darling**

Photos: Alexander Darling ©



# THE JOY OF A PERFECT DAY

I had an interesting conversation with my best friend's dad about twenty years ago. We were sitting together on a Sunday morning, having a cup of tea and probably a big fry-up, as was their family tradition. He began recounting the previous day — his Saturday — and said quite simply, "It was my perfect day."

My friend's father had grown up on a farm in Derby during the war. His family took in German prisoners of war to work on the farm, and the POWs boarded and ate with the family. The boys gave up their bedrooms and slept in the barn instead. Yet despite the hardships of those years, he spoke fondly of his childhood and told many wonderful stories about that time. He had the gift of the gab and always carried a twinkle in his eye.

He moved to Canada in his early twenties, met his lovely wife while volunteering and built a lovely life with his family, surrounded by good friends and a welcoming home.

Dr. Turner told me that his perfect day had started early. He went fishing in the morning, then played a round of golf and had lunch with friends. Later, he coached soccer, came home, took his wife out for dinner, and they enjoyed a wonderful evening together.

That conversation always stayed with me — the idea of a "perfect day." What would that even look like? At the time, I never gave it much thought. But after retiring and finally having the occasional day entirely to myself, I began to reflect on it more deeply.

It's an interesting exercise to think about the small things that bring us genuine joy. To have a whole day filled with those moments feels like such a gift — a privilege, even an indulgence.

When I think about a perfect day now, I realize there could be countless versions of it. Some might be filled with activity, while others might involve doing very little at all. The challenge, I think, is that many of us are shaped by a strong work ethic. We often feel that if we are not cleaning, fixing something, running errands, or taking care of someone else's needs, then we are somehow wasting time. The list of tasks never ends. Sometimes it feels like a bottomless pit.

But I believe we should take the time to truly

know ourselves and discover what brings us joy.

I've always been blessed with a temperament that doesn't feel guilty about doing "nothing" — or what some people might call unproductive, lazy, or a waste of time. I've never seen it that way.

For years, I kept a quote in my desk drawer at work and looked at it often. It was Philippians 4:11: *"I have learned to be content with whatever I have."* (NLT)

Maybe it's a stretch, but I think contentment begins with knowing yourself — understanding your gifts and using them well, while also recognizing what drains you or fails to bring you joy, and giving yourself permission, when possible, to step away from those things.

One version of my perfect day would be beautifully simple. I'd get up early and spend an hour reading the newspaper with a good cup of coffee beside my husband. Then I'd go to the gym and chat with friends there. After that, I'd meet another friend for lunch and more conversation. I'd come home and prepare dinner while watching a classic movie on YouTube. Then I'd share a meal with my husband before heading out with friends for a drink or to see a show — preferably outdoors on a warm evening.

Of course, there are other versions of a perfect day. If our children, who live out of town, were able to join us, that would create an entirely different kind of joy.

So I encourage you to give yourself permission to experience the joy of a perfect day as often as you can. Even imagining it brings a smile to my face.

We truly have so much to be thankful for. ✦

**Inez Morgan**



# IS THERE JOY TO BE FOUND IN THE CLIMATE CRISIS?

I'll admit it – when the Editor of CONTACT announced the theme for this issue, I was stumped! Usually, as a co-leader of the Climate Justice Cathedral group, I write about climate breakdown. It's a topic of great concern to me. Surely the theme of JOY and the Climate Crisis has little, if anything, in common. But I had a hunch that there might be some resources available on the Internet.

And so I Googled the question, “*Is Joy to be found in the Climate Crisis?*” The number of references found was surprising – more than 17,000. Obviously, many people have been thinking, researching, and writing about joy and climate. Numerous articles suggest *that* joy is not only possible during the climate crisis but is actually an essential tool for resilience and sustained action.

Frederick Buechner, an American author, minister, and theologian said, “The place God calls you to is the place where your deep gladness and the world's deep hunger meet.” In other words, “God usually calls you to the kind of work (a) that you need most to do and (b) that the world most needs to have done.”<sup>1</sup> But finding that place is not a simple task, especially when most of us have limited time and resources. That adds to our frustration.

But consider this. “[How to Find Joy in Climate Action by Ayana Elizabeth Johnson](#)” is an excellent 10-minute YouTube video that really helps us find our way. It outlines these basic steps:

Draw a Venn diagram to map these questions:



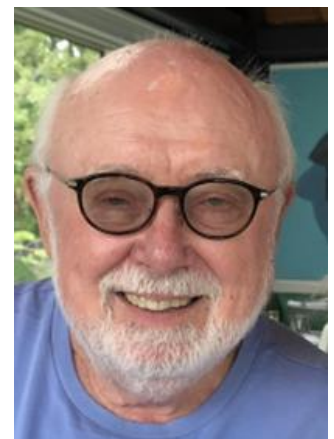
1. Consider these examples as you fill in your answers.
2. What am I good at? *Writing, researching, helping others, problem solving, public speaking*
3. What needs to be done about climate breakdown? *education, fund raising, communications*
4. What gives me joy? *Music, art, nature, friends, clean water, fresh food, gardening, writing*
5. Study your answers. Where all three of your answers intersect is where God may be calling you to climate action efforts.
6. Don't be surprised to discover that you CAN write letters to politicians, you CAN advocate to neighbours and friends, you CAN help start a community garden, you CAN drive less, you CAN re-insulate your home, and you CAN attend a peaceful demonstration; and more!

## Don't be discouraged!

It's easy to feel overwhelmed by the climate crisis and by the state of the world. But we are called to our role as stewards of the earth. And so, every positive action in our homes, communities, and places of work makes a difference. Engaging in meaningful climate action develops a renewed sense of purpose and replaces feelings of helplessness while boosting personal happiness. There is joy to be found in positive climate action.

<sup>1</sup> Originally published in: *Wishful Thinking: a Seeker's ABC* by Frederick Buechner, Harper and Row, NY 1973

**James Newman**  
Co-leader,  
Climate Justice  
Cathedral



# SUNDAY LAY LITURGICAL TEAMS CALENDAR

June 28 - 5th after Pentecost St. Andrew	August 30 - 14th after Pentecost St. Veronica
July 5 - 6th after Pentecost St. Veronica	September 6 - 15th after Pentecost Season of Creation begins St. Thomas
July 12 - 7th after Pentecost St. Thomas	September 13 - 16th after Pentecost Eve of Holy Cross Ven. Bede
July 19 - 8th after Pentecost Ven. Bede	September 20 - 17th after Pentecost. St. Andrew
July 26 - 9th after Pentecost, & Emancipation Sunday	September 27 - 18th after Pentecost St. Veronica
August 2 - 10th after Pentecost St. Veronica	October 4 - 19th after Pentecost St. Thomas
August 9 - 11th after Pentecost St. Thomas	October 11 - 20th after Pentecost Harvest Thanksgiving Ven. Bede
August 16 - 12th after Pentecost Ven. Bede	October 18 - 21st after Pentecost St. Andrew
August 23 - 13th after Pentecost St. Andrew	October 18 at 4:00 Confirmation Greeters from all teams (4)

## WEEKLY CALENDAR - SUMMER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
In July & August - One Service Only Sung Eucharist 10:00am (V)  July Only Cathedral Oasis 12 noon - 1:30	Centering Prayer NEW TIME 4:30 pm ZOOM Lynn Godfrey lynn.godfrey79@g mail.com	Centering Prayer 7:30 am ZOOM  Morning Prayer 8:30 am in person July 7th Last for term - will resume after Labour Day	Morning Prayer 8:30 am ZOOM  Holy Eucharist 11:30 am In person  Prayer Shawl Knitting Group 1:00 pm	Morning Prayer 8:30 am in person Last for term - will resume after Labour Day  Discovery Bible Study 11:30-12:15 in the Nave	Centering Prayer 7:15 am ZOOM  Litany of Reconciliation 12:15 pm In person & ZOOM	(V) indicates that service is both in person and livestreamed on YouTube
Exceptions to regular weekly programs are listed on next page						

Cathedral Café is open Monday to Saturday 9:00 a.m. to 4:00 p.m.

*Have a beautiful & enjoyable summer! Sally & Sue*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>June 28</b> 5th after Pentecost Holy Eucharist 8:30 am Choral Eucharist 10:30 am Digging Deeper 12:30 pm Last for summer	<b>29</b>	<b>30</b>	<b>July 1</b> Canada Day Cathedral Closed NO Morning Prayer or Eucharist	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b> 6th after Pentecost Sung Eucharist 10:00 am Cathedral Oasis 12:00 noon	<b>6</b>	<b>7</b>	<b>8</b> Holy Eucharist 11:30 am Resumes weekly	<b>9</b>	<b>10</b> Art Crawl 7:00 pm	<b>11</b>
<b>12</b> 7th after Pentecost Sung Eucharist 10:00 am Cathedral Oasis 12:00 noon	<b>13</b>	<b>14</b> No Morning Prayer until September	<b>15</b>	<b>16</b> No Morning Prayer until September	<b>17</b>	<b>18</b>
<b>19</b> 8th after Pentecost Sung Eucharist 10:00 am Cathedral Oasis 12:00 noon	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b> 9th after Pentecost Emancipation Sunday Sung Eucharist 10:00 am Cathedral Oasis 12:00 noon	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>August 1</b>
<b>2</b> 10th after Pentecost Sung Eucharist 10:00 am	<b>3</b> Civic Holiday Cathedral Office Closed	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b> 11th after Pentecost Sung Eucharist 10:00 am	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> Art Crawl 7:00 pm	<b>15</b>
<b>16</b> 12th after Pentecost Sung Eucharist 10:00 am	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b> 13th after Pentecost Sung Eucharist 10:00 am	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Regular services resume in September. Consult the Chronicle for details.						

## Little Lamb

Parami Dissanayake

Once in a dream, through a grove in the trees,  
a man called to me, and I said,  
I'm not ready yet, but I'm glad that we've met,  
I'll understand if you need to leave.

I'm not what it seems, he promises me,  
I can show you the truth they forget,  
I'll hold out my hand, you know where I stand,  
please, have all the time that you need.

So I search in the church, four times and it hurts,  
and nothing I find there seems right,  
and so when I weep, in His Mother's safe keep,  
He calls, follow me into the night.

He sends me the trees and the gentle spring breeze,  
long dinners and brushes with fate,  
when I lean back in my seat and call him over  
to greet  
He says, have fun, I'm happy to wait.

And He sends me new songs from hearts that belong  
to His people who told me in close,  
He weaves me sweet dreams of shimmering streams,  
and sits by my bed as I sleep.

When I wake up and say, I think I'm ready today,  
He says, little lamb, rest your head.  
we've been walking this way, since that very  
first day,  
it's a journey we're on, you are safe.

But if I leave, tell me will you grieve?  
If I decide to doubt or to scorn or to stray?  
Will you leave me behind, in the brambles  
to find,  
an ending that brings me dismay?

Do not be afraid, if one day you stray,  
through darkness or doubt or denial,  
there's nowhere you go where I am not close,  
I am with you always, if you cry, if you call.

And if you do, I'll come untangle you from  
the thorns and the vines and the weeds,  
I'll put you up on my shoulders  
and carry you home  
walking by the valley's sweet stream.

So come, little Lamb, if you feel that it's right,  
come, follow me, come walk by my side.  
This journey is long, my Kingdom is wide,  
come follow me, we can take our time.



(May 6 / 2026)

Parami  
Dissanayake



# JOY OF FISHING

I find fishing to be a relief from everyday stress. It's a time for quiet, time in nature, except for sounds of motors, and a time for bonding with family and friends. My preference is trolling the shoreline, watching nature, and looking at cottages. My love for fishing started at age five on Mountain Lake near Minden, Ontario. We were on one week of vacation with aunts, uncles and cousins. I would fish off the dock with hook and worm. After a couple of years, we moved on to Rice Lake for two weeks where we got to go out in a boat. At seventeen (1967), ten of us would go every long weekend and pitch tents, cook on open fire, and fish all day. As we got married and had our own families, we cut back to twice a year: spring and fall. We kept this routine until covid hit.

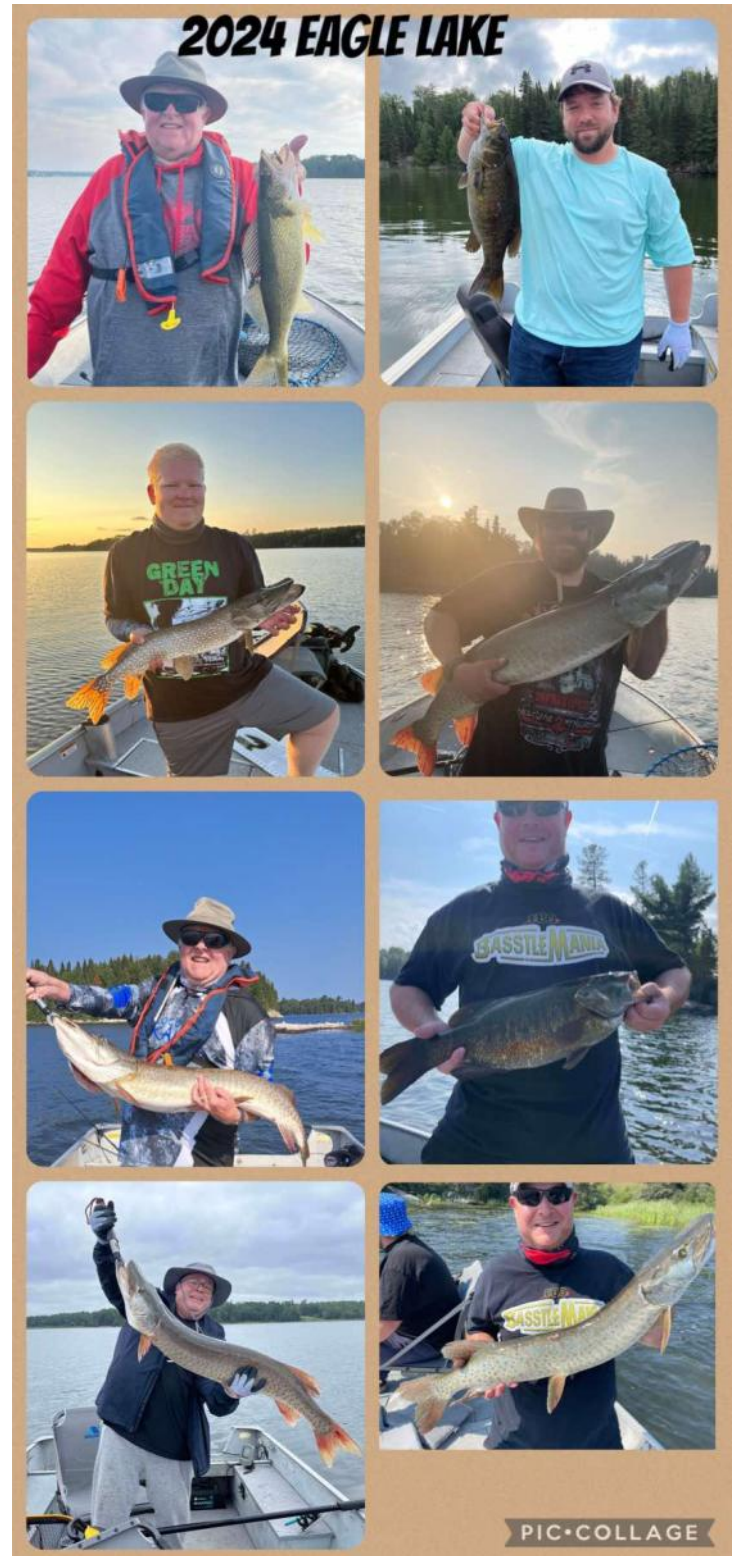
In May, I head up to Lake Nipissing to stay with my brother for a week at his trailer. In 1973, we rented a cottage with some high school friends. As our families grew, we rented two cottages. We spent time at Pickerel Lake near Huntsville. From there we moved on to Parry Sound area. Star Lake, Otter Lake, Bell Lake and now Belair cottages on Lake Shebeshkong. They have six cottages and each July, for two weeks, we rent all six with our kids and grandkids. Of course, they all love fishing.

In August, I head up to Eagle Lake, which is north of Dryden, Ontario. My two sons and two oldest grandsons come, too. It is a 21-24 hour drive. We fish all day long, bonding the whole time. We will meet my brother, his wife and my niece's family for a week. While at Eagle Lake, we see northern lights, moose, bears, bald eagles and pelicans. We didn't know pelicans came that far north!

To say friendships last: we have been friends for over 60 years with neighbours and high school friends. To sum up my year: January or

February, ice fishing with family; May, visiting with my brother; July with family and friends; August, family; and fall with neighbours.✦

**Fred Stickle**



# COMMUNITY HAPPENINGS

## COMMUNITY BBQ WITH THE JAMES NORTH BUSINESSES & FRIENDS



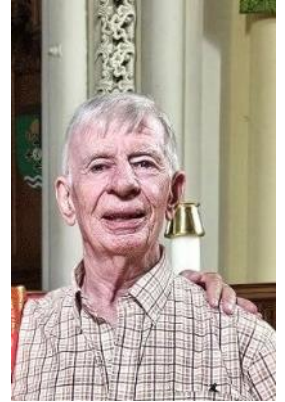
# NEW ALTAR FRONTAL

For some time now, when I have looked at the statue of the Good Shepherd in the corner by the sacristy door, I've thought about making a frontal for the altar in front of the statue. But first, a bit of history. In the 1950s there was a Parish of the Good Shepherd in the east end of the city, and that's where the statue first had a home. When that parish closed, the statue went to Grace Anglican Church where Kerry Lubrick's father was the Rector. When that church closed, the statue came here, to the Cathedral. (And we are not closing.)

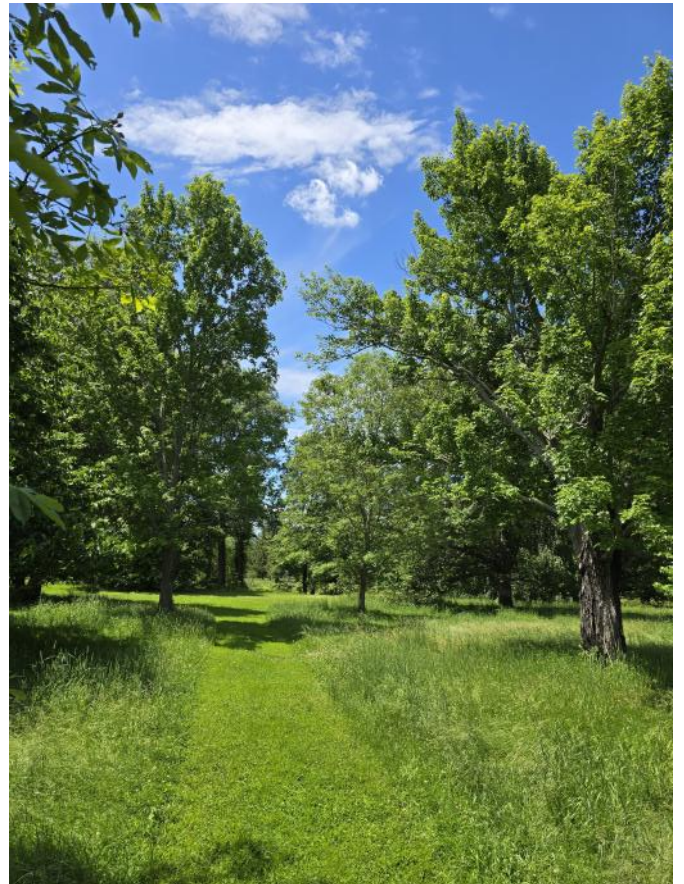
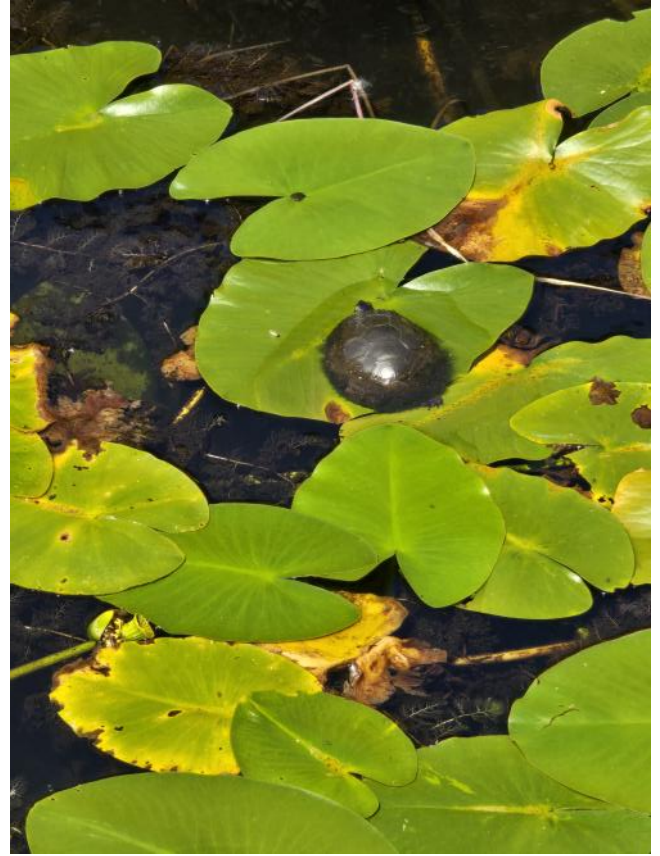
I wanted a green background for the green pastures where the sheep would graze. I wanted a youngish-looking Jesus as the "Good Shepherd" and the Dean and I thought that the window in the ambulatory, just behind the organ bench would be ideal. That image looks like a teen-aged Jesus, and it was just what we

both wanted. The image, and the smaller one on the chalice veil, was made here in Hamilton, and is a form of plastic. Interestingly, that window was given by the children of the Cathedral Sunday School, and dedicated at Easter, 1930. One of the ladies in the congregation told me that her father attended the Sunday School at that time and would have been one of the children contributing to the window.✝

**Ken Patterson**



# SIGHTS TO DELIGHT



# WARDEN'S WORLD

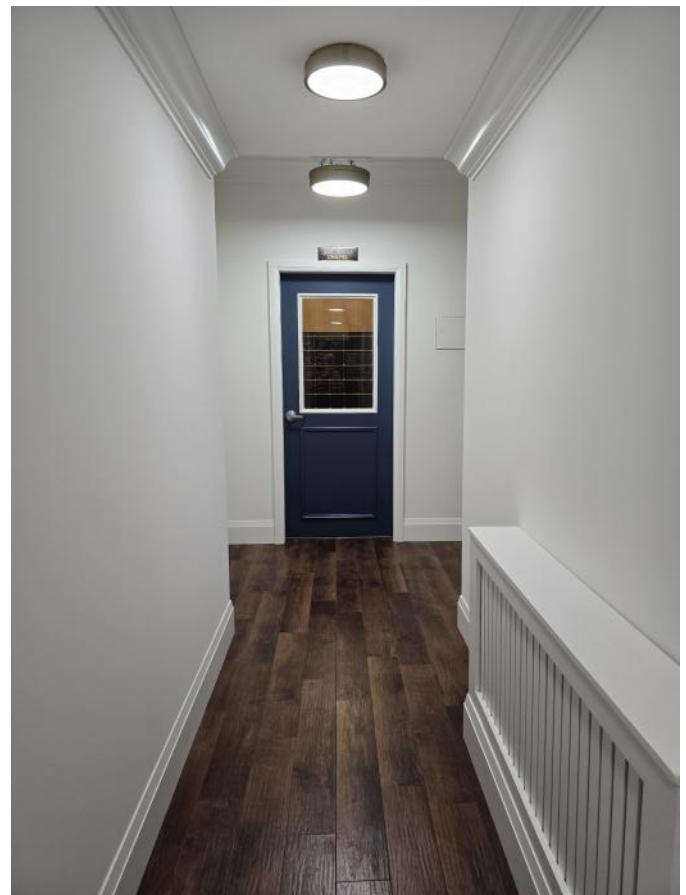
In early January 2025 Dean Tim asked me to join the Corporation as the deputy rector's warden. Of course, I was honoured to be asked but I was also apprehensive, unsure if I was qualified for this important role. My background isn't in finance, healthcare or governance. I am an Interior Designer; what could I bring to this role and what is involved in being a warden at CCC? With a list of questions in hand, I interviewed Dean Tim and each of the wardens. Their insights, experiences and honesty helped me accept the position. Now in my second year I can say it was a great decision.

What has surprised me about being a warden is the joy I've experienced in this role. It has been a deeply spiritual joy. As a designer my goal is to make people happy and feel joy in their homes by

working to improve and transform their spaces. Being a warden is surprisingly similar; Corporation works to manage our resources and improve our collective surroundings with the goal of bringing a sense of happiness to our fellow parishioners and guests.

In 2026 the Corporation has focused on initiatives that improve our space and people's experience at the Cathedral. We began the year with an urgent request from the City of Hamilton to provide an overnight space for unhoused folks during a fiercely cold winter. Of course, the answer was yes.

Next on the list was the renovation of the entrance to the Columbarium. New flooring, drywall to cover the cinder block walls, new baseboards, crown moulding, door casings and panel mold on the doors



*(Continued on page 23)*

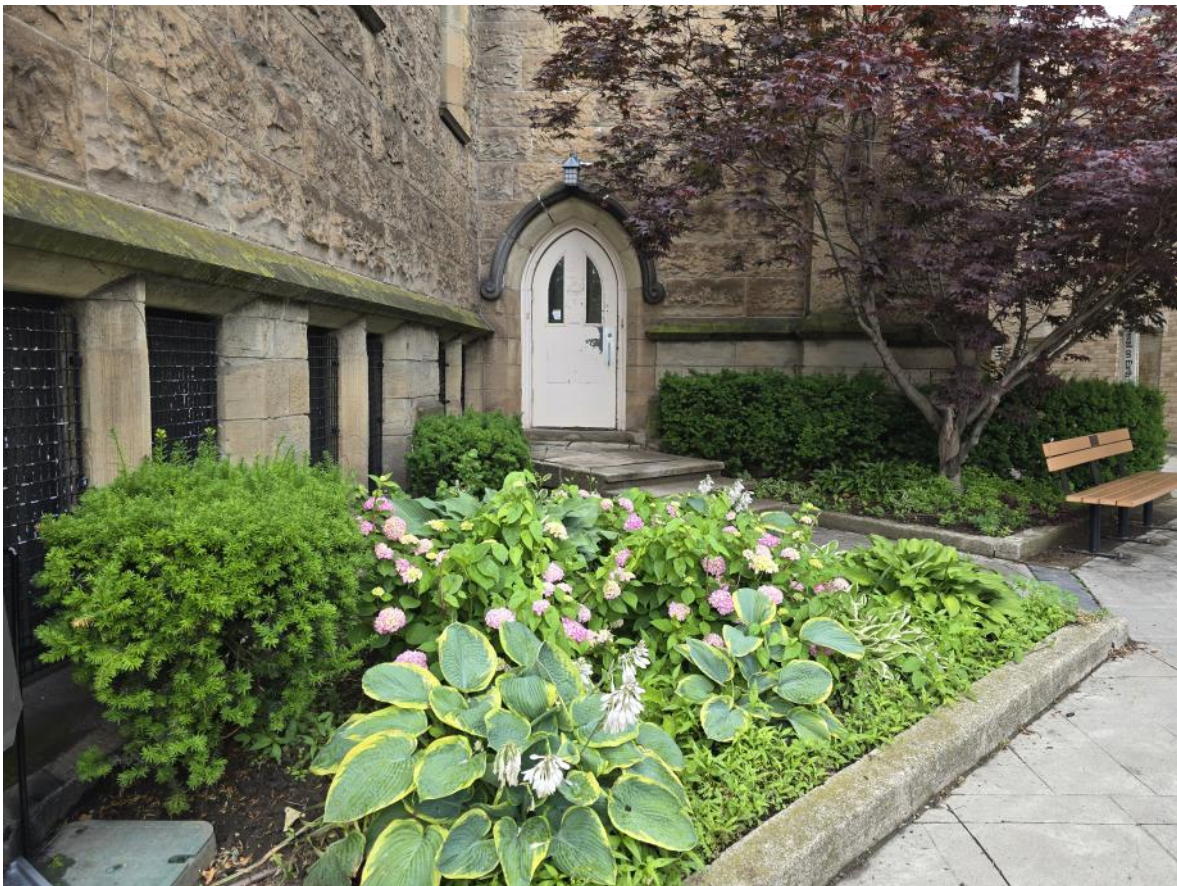
and storage cabinets, attractive cabinet hardware, a custom radiator cover, new lighting and fresh paint have transformed a bleak hallway into a welcoming and serene area for people entering the Columbarium to inter their loved ones. I invite you to walk down this lovely hallway to see the changes. Thank you to the Columbarium Board and Helaine Guther, the board chair, for their initiative on seeing this project to completion.

During the summer we are beginning our exciting and bold 150<sup>th</sup> anniversary project – the renovation of the Narthex. A core mission of our Cathedral parish is hospitality. It is remarkable to witness the warmth, friendship, conversation and heartfelt inclusion shown to everyone that happens each Sunday and at every service over coffee, treats and more often than not cake. It is joyous to see. As our parish continues to thrive and we host

large events we need a dedicated and well designed hospitality area that includes space for preparation and cleaning, serving, refrigeration and plenty of storage. Two new greeters' desks, extra storage for the altar guild etc., new carpeting and flooring are also included. The plans are complete, finishes such as counters and cabinets have been selected and the trades are ready to go. Stay tuned for the grand reveal in the fall.

I wish you a summer filled with warmth, sunshine and happiness.

**Sandra Cross**



# WE LOVE TO CELEBRATE TOGETHER!

## BAPTISMS



Lynn Watkins (centre), with sponsors Sue & Jeni



Rev. Monica baptising Jacob Williams



Teahanna Norlock(centre) with sponsor Cecelia (CC) (left)



Parami Dissanayake (centre) with sponsors Sue & Anne

## Congratulations and well done Oliver!

Our own Dr. Oliver Wesley-James was honoured with the Legends of Medicine Award from the Ontario Medical Association for his work in advancing heart surgery techniques.



Parami & Teahanna on Pentecost

Of course, there MUST be cake!



One of two **Cathedral Chats** this past season. This second was with The Rev. Martha Tatarnic, introducing her book on Anne Boleyn.

The first Chat was "Beyond the Hurt", a conversation about intimate partner violence with survivors and community agency workers and supports. (photos were not taken)

# FINANCIAL REPORT

For period ended April 30, 2026

We incurred a higher deficit year-to-date than was anticipated in our budget due almost entirely to a shortfall in Parishioner Givings. We are also behind in Parishioner Giving compared to this time last year. A reminder that our annual Vestry approved a year over year increase in giving of 3%. We hope that each you will thoughtfully and prayerfully review your monthly giving and make an increase where possible so that we may meet our 3% overall target increase in 2026 and improve our current deficit situation.

Income	30-Apr-26	2026 Budget	Variance	2025 Actual
Parishioner Givings	\$120,319	\$149,553	-\$29,234	\$126,030
Other Income*	\$26,875	\$8,133	\$18,742	\$9,368
Café Grant	\$5,000	\$5,000	\$0	\$0
Open Collection	\$1,258	\$2,333	-\$1,075	\$2,105
Misc Income	\$797	\$567	\$230	\$1,727
Bishopsgate	\$160	\$1,400	-\$1,240	\$160
Fund Income	\$55,000	\$55,000	\$0	\$50,393
Alongside Hope	\$765	\$1,290	-\$525	\$955
Special Offerings	\$11,004	\$0	\$11,004	\$25,672
Transfer in from Funds	\$12,431	\$0	\$12,431	\$20,070
<b>Total Income</b>	<b>\$233,609</b>	<b>\$223,276</b>	<b>\$10,333</b>	<b>\$236,480</b>
<b>Expenses</b>				
Staffing	\$137,206	\$136,666	\$540	\$136,874
Diocesan Assessment	\$23,000	\$23,000	\$0	\$21,500
Property	\$31,610	\$29,905	\$1,705	\$56,469
Bishopsgate	\$0	\$1,400	-\$1,400	\$0
Admin and Programs	\$30,096	\$29,195	\$901	\$24,005
Alongside Hope	\$765	\$1,290	-\$525	\$955
Transfer out to designated funds	\$29,726	\$0	\$29,726	\$12,330
Long Term Debt Repayment (Diocese)	\$5,000	\$5,000	\$0	\$5,000
<b>Total Expense</b>	<b>\$257,403</b>	<b>\$226,456</b>	<b>\$30,947</b>	<b>\$257,133</b>
<b>Net Income (Deficit)</b>	<b>-\$23,794</b>	<b>-\$3,180</b>	<b>\$7,221</b>	<b>-\$20,653</b>

\*Other Income includes Choral Scholarships, Dean's Discretionary, Memorial Flowers and Festivals, and Outreach (Café).

Note: The donations in Special Offerings were largely made towards the Narthex renovations (\$10,604) with other miscellaneous donations to music and the 150<sup>th</sup> anniversary celebrations.

The overage in property is due entirely to the cost of having the carpet that was in the Spence Room professionally cleaned.

Other income is higher than budgeted primarily due to donations towards the Cathedral Café of \$17,001.

Transfer in from funds represents donations received for specific purposes that are held outside of our operating account and only brought into income when we have expenses to allocate to those funds. The bulk of the transfer in from funds went to Cathedral Café expenses. Similarly transfers out to funds are donations received for specific purposes that are transferred out of our operating account until there are actually expenses to allocate against the donations. The bulk of the transfers out were for the Cathedral Café and the Narthex Renovations.

**J. Lefebvre**  
Treasurer



# NARTHEX RENOVATION



Ivan presents Tom MacLeod with the funds raised after his Sunday morning appeal....over \$1,000!

**A 150th Anniversary Project so we can better offer hospitality to members, visitors, guests and our whole community.**



**\$6,500 to go!**



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