

CONTACT

Christ's Church Cathedral



Summer 2023



252 James St. North, Hamilton, ON

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**IN THIS
ISSUE**

From the Editor’s Desk	3
From the Dean’s Desk	4
Community Engagement	5
3...2...1 CONTACT	7
(Susanne Prue, Theo & Evelyn MacGillivray)		
Inspirational Poetry	9
The Whole World is a Cathedral	10
Warden’s World	11
Joyful Church Music	12
Migrant Worker Ministry	13
Notes and News	14
Faith Formation	16
Joy is Abiding	17
The Joy of Blisters	18
The Joy of Walking	19
P.W.R.D.F.	21
Climate Justice in Bishopsgate	22
Climate Justice Niagara	23
Climate Change Cathedral	25
Financial Report	26
Generosity Team	27
Summer Calendars	28
Passages	31

FROM THE EDITOR

What gives you joy? Is it the same as happiness? The consensus seems to be that joy and happiness do not share the same attributes though both emotions may be experienced separately and simultaneously at different times. I think joy may be experienced by what we do for each other and by the care we give the world. For example, Sandy and Jeni Darling share their experiences of visiting the migrant workers' mission at St Alban's church in Beamsville where they toured the bicycle repair workshop and the medical assistance site. James Newman and Don Brown remind us of our responsibility to be better stewards of the earth in their reflections on climate change. And Wendy Newman and John Bradley describe their adventures walking the Camino. The emotional and spiritual challenges are often as great as the actual walk.

You will notice a few new things in this issue of Contact. First, we have a new layout designer, John Bradley. Let us welcome his contribution! I am delighted that he is willing to

take on this project. 3-2-1 Contact has been moved closer to the front of the issue. Introductions should be first, don't you agree? You will find an inspirational poem by our very own poet, Violeta San Juan. There are more contributions from parishioners on topics of concern to all of us and there is an update from the wardens on our Mission Action Plan. And pictures! Visual accompaniments to the articles are a mainstay of communicating parish events.

Do you have a suggestion? Is there a topic you would like to see covered here in Contact? Please be sure to get in touch.

**by Sally Braun-Jackson,
Editor**



FROM THE DEAN'S DESK

A senior colleague who served in campus ministry for many years asked me once what I thought students most often reported missing from their lives in their conversations with him. I can't remember how I responded. What I can tell you is that it wasn't the right answer. What students hungered for deep down was feeling good about themselves, about their future, about the world. They lacked a sense of contentment; joy seldom registered for them. This provided an opportunity for my friend then to share with them where the joy he experienced emanated from.

I wonder how many of us taste 'joy' on a reasonably regular basis? Of course, joy is not quite the same as happiness. We can be unhappy about lots of things; we can still experience joy. The source of our joy is the unshakeable truth that God loves us as we are. We experience joy when we know that we are unconditionally loved and that nothing – medical condition, relationship breakdown, financial collapse, pandemic, climate emergency, intractable war, even death itself – can get in the way of that love. As Henri Nouwen reminds us, we often think that if we are sad, we cannot be glad. When by God's grace we move towards living with Christ at the centre, sorrow and joy can co-mingle. Jesus' death and resurrection belong together. The most challenging situations in my life have been times when I have become even more aware of the deeper spiritual reality in which we are all enfolded. We can discover hope in the midst of pain. We may even be able to say, 'In my grief, I found comfort, even a quiet joy.' We know that we are not alone, that we are being upheld, that a new day will indeed dawn.

There is choice here too... Spirit-inspired and Spirit-empowered to be sure. It is choice, nonetheless. Joy doesn't happen automatically – little in the spiritual life does. We choose

joy, and we keep choosing joy day by day. If that seems like too much, then we ask God for the grace to choose joy, even when we don't feel like choosing joy.

We can choose joy because we know that we belong to God, that God longs to gather us like a mother hen her chicks under her wing and wants what's best for us even more than we want it for ourselves. Joy is embedded in the new life that the Spirit gifts us in baptism. Jesus assures his disciples before his impending death in a state-sponsored execution:

... you will have pain, but your pain will turn into joy. When a woman is in labour, she has pain, because her hour has come. But when her child is born, she no longer remembers the anguish because of the joy of having brought a human being into the world. So you have pain now; but I will see you again, and your hearts will rejoice, and no one will take your joy from you (John 16.20b-22).

Here Christ connects joy with the promise of seeing him again. Many of you will know the joy of reconnecting with a loved one whom you have not seen for a long time. Only Jesus clarifies that his joy, the joy he shares with us, goes well beyond this. It is not only the joy in reconnection which he offers us; it is his own joy – the joy he knows within himself through the Spirit in perfect union with the God and Father of us all. 'I have said these things to you' he reminds his disciples, 'so that my joy may be in you, and your joy may be complete' (15.11).

God blesses us at 252 James North to be a blessing. One of the fruits of the Holy Spirit is joy – Christ's joy. In a world starved of a sense of meaning, purpose and belonging, may we as God's people be mindful of the gift of

Christ's joy which is ours. God give us grace this summer to choose and to keep choosing joy even as we wrestle with whatever life throws our way. May this joy the Spirit births within us not only be our strength, but an invitation to others to share in all that we have been so freely given.

A blessed Summer to you all.



by *Tim Dobbin* †

COMMUNITY ENGAGEMENT

**“A joyful heart is good medicine,
but a broken spirit dries up the bones.”**

Proverbs 17:22

As part of the church, we believe in God, Jesus's teachings and want to be part of a caring community that worships and learns together. The other important piece of being part of the church is to be disciples through serving and interacting in loving ways with our neighbours and community. The mission of Christ's Church Cathedral and the Community Engagement Committee is to identify, prioritize and action opportunities where we can put our beliefs into action with compassion and love which leads to JOY.

An important bible passage that defines our work is Romans 12: 10 – 13: “Be devoted to one another in love. Honor one another above yourselves. Never be lacking in zeal. But keep your spiritual fervor; serving the Lord. Be **joyful** in hope, patient in affliction, faithful in prayer. Share with the lord's people who are in need. Practice hospitality.”

The four major components of the Community Engagement Committee are:

1. **Being present.** Opening our doors, building relationships, working with others.
2. **Learning:** listening to understand the issues and needs of community, and learning opportunities to address issues
3. **Advocacy:** using voices and skills to change inequality and provide communication
4. **Oversight of outreach:** Cathedral Café, lay weeders, cathedral tours.

The committee has 10 skilled and committed members: Roseann Barry, Pat Barton, Sue Crowe Connelly, Jeni Darling (lead of lay weeders), Phil Grant, David Savage (Warden), Anne Louise Watts, John Watts (lead of cathedral tours), the Dean and Kerry Lubrick (Cathedral Café Coordinator) as the facilitator. We have only been together for approximately 9 months and meet quarterly. The Community Engagement Committee reports to the Corporation. The following are some of the actions taken to fulfill our purpose to act on social justice issues and build relationships with our neighbours:

(continued from Page 5)

Being Present	Learning	Advocacy	Outreach
<ul style="list-style-type: none">• Annual Christmas Dinner• Hamilton Out of the Cold; expanding our Cathedral Cafe• Working with Artists and Musicians• Sharing property and gardens	<ul style="list-style-type: none">• Mental Health Training hosted on June 15• Hearing from other community leaders; Trinity Lutheran Church community roundtable	<ul style="list-style-type: none">• Basic Income support• ACORN: Speaking out against renoventions• Supporting Hamilton Alliance for Tiny Shelters	<ul style="list-style-type: none">• Layweeders• Cathedral Tours/Art Crawl• Cathedral Cafe

An important activity to highlight was the session on Mental Health. We had over 75 people attend this session. They were volunteers, parishioners, interested community members and others gathering to learn from a panel of mental health experts. An important take-away from the session was Dr. Dale Guenter's report that loneliness is a major contributor to poor mental health .



We are thankful for the information and passion shared during the March 19 session on "Fullness of life in our community". Many of the identified actions will be incorporated to our planning and through gifts of time, skills and financial support we will continue to find that joy through our service and discipleship. The Community Engagement Committee does not work in a silo and seeks participation in activities from the parishioners. In the fall, we hope to focus more on advocacy and how we can use our voices collectively to make changes.

"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope." Romans 15:13

In the The Book of Joy: Lasting Happiness in a World of Change, the Dalai Lama states "Joy is the reward, really, of seeking to give joy to others. When you show compassion, when you show caring, when you show love to others, do things for others, in a wonderful way you have a deep joy that you can get in no other way."



by Kerry Lubrick

3...2...1 CONTACT

What is your idea of a perfect day?

My perfect day begins before sunrise with my coffee on the shores of a lake just south of Huntsville in the great and beautiful Muskoka area of Ontario. My daughters and granddaughters are still asleep in the cottage behind me as I look out onto the lake waiting and watching for the sun to rise. I pray and I read a spiritual book. My heart is filled with gratitude for the beauty that is this place, for the water, the trees, for the timeless presence of Rocky Island, and for the care provided to this land by the Indigenous peoples throughout the ages. The rest of the day is spent with family and friends as we enjoy swimming, kayaking, and eating out-of-doors.

Why did you choose the Cathedral as your spiritual home?

When moving back to Hamilton, I had made the decision to join the Cathedral parish as I knew that the reverence of the Anglican Liturgy would be fostered and maintained since it is the “seat” of the Bishop of Niagara – the mother Church of our Diocese. I also had previously met our Dean, the Very Reverend Dr. Tim Dobbin, and was looking forward to attending Christ Church Cathedral with him as Dean. The proximity of this beautiful parish to my new home was a bonus for me.

What is the one thing that you most look forward to at the Cathedral?

I look forward to worshipping our God through prayerful liturgy with my community. I have found the people of this parish to be exceptionally welcoming and so have enjoyed participating in anything having to do with Christian Formation. It is gratifying to belong to a parish which places spiritual growth as a priority in what we do as a community, in order to encourage members to be mature disciples of Christ.

If you could change one thing at the Cathedral, what would it be?

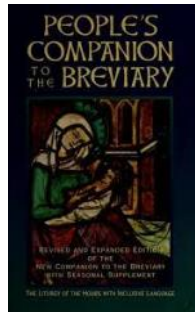
I would not change anything. The staff, volunteers, and parishioners seem so committed to the life of the Cathedral family.

Which living person do you most admire?

I admire and respect our previous Primate of the Anglican Church of Canada, the Most Reverend Fred Hiltz. A man of prayer, he, for me, epitomizes everything a sincere, loving, Christian person and leader should be. The messages to his flock through his sermons were always well thought out and came from the heart. If you wish to see him at his finest, simply find his Apology for Spiritual Harm (YouTube), which he delivered personally at General Synod on July 11, 2019.

What would be your desert island pick for a book, a piece of music, and food?

I would pick the “People’s Companion to the Breviary”, “Angelic Love” by Robert Haig Coxon (meditation musical piece), and scallops sautéed with butter and garlic.



Where would your dream vacation spot be?

My dream vacation spot is on a beach in the Maldives. Palm trees, white sand, aquamarine blue water, warm weather. I have never been, but it is a dream!



by Susanne Prue

3...2...1 CONTACT

THEO

What is your idea of a perfect day?

A day spent with my family, church, good conversation and even better food during Advent. The day would begin with breakfast with Evelyn and Gwendolyn. Made together. Then all three of us would be off to the Cathedral and hopefully there would be a baptism. I particularly love those Sundays. Afterwards, Digging Deeper, in the Spence room, discern the meaning of the day's scripture and homily, to debate metaphysics and the challenges we face as a community. With Matthew, Eric, Catherine, and Charles to test and challenge me and each other. The day isn't complete until Charles shares something with us that leaves us completely dumbfounded and moved. The afternoon would be an Evensong with Advent carols. Oh, how I do love our Evensongs. The day would be rounded off with a late dinner with the family. After we put the baby down for the night I'd retire to a book, being met by the fantastical world within it.

Why did you choose the cathedral as your spiritual home?

The Anglican tradition of the Christian faith has always been welcoming to me. As a Christian and a Monarchist, it only seemed logical to find my spiritual home in the faith of Her Late Majesty the Queen. When it came time not only to look after my own spiritual health, but also the spiritual health of my daughter, logic didn't seem to be the main driving force of finding such a home anymore. We, as a family, started looking around for a church to attend and we settled upon the Cathedral. Knowing nothing of the Cathedral aside from what was on the website, we met with the Dean Tim and Deacon Rob Jones. Since that first meeting, we have only grown to love this place more and more each day.

What is the one thing that you most look forward to at the cathedral?

I most look forward to has to be the hymns. I come from a background of worshipping with

music. I will admit the music from my childhood church experiences are very different from the hymns now. Each Thursday during Evelyn's choir rehearsal I'm at the back of the nave listening and catching a sneak peak for the Sunday to come. It's always exciting to open that hymnal and find out we are singing one of my favorites. As I'm setting the high altar before service, I am singing along with the choir's Sunday morning rehearsal. The music brings me such joy and peace.

If you could change one thing at the cathedral, what would it be?

If I could change one thing about the Cathedral it would be the nave seating. I know it is superficial; however, I would love very much to have pews and kneelers. I understand why we have what we have, and I am grateful for such a lovely space to worship in.

Which living person do you most admire?

It is difficult to narrow it down to one person, there is a friend of mine who I do admire greatly. Their patience and strength when faced with adversities; their capabilities to find joy in an ocean of sorrow; their ability to forgive even deep transgressions: I am eternally grateful to have this person in my life.

What would be your desert island pick for a book, a piece of music, and food?

First off, I would hope for company. But as for a book, it's hard to separate me from my home library. But if I had to settle, I'd bring the books from the Stormlight Archive by Brandon Sanderson. And if someone could air drop in the newest one when it comes out that would be greatly appreciated. As for music, I'd have to choose my recently found playlist of the complete New English Hymnal featuring the choirs of the great Cathedrals and Churches of the Church of England. Finally, as for food, I would love to have breaded pork loin, asparagus, broccoli, and alfredo sauce pasta. As Evelyn loves to point out, I am very "white" when it comes to my food, so nothing spicy and nothing I can't cook myself.

Where would your dream vacation spot be?

My dream vacation is probably a cruise around the British Isles with stops in Edinburgh, Belfast, Dublin, and London. Good food, good views, and great company.

EVELYNN

What is your idea of a perfect day?

My idea of a perfect day would be reading a book with some cinnamon tea and a warm blanket on a nice day as my daughter runs around and plays with her dad.

Why did you choose the cathedral as your spiritual home?

It seemed more inviting than other churches I have been at over the years and a welcoming place to rekindle my religious faith after so many years.

What is the one thing that you most look forward to at the cathedral?

I look forward every week to the welcoming community in the church and the feeling of being someplace that I can belong and not worry of judgement.

If you could change one thing at the cathedral, what would it be?

There is not much I would change as the cathedral is beautiful, though I would enjoy the ability to be able to hear better our services in the back of the cathedral.

Which living person do you most admire?

There are several people I admire, it's difficult to just pick one though I admire most, the strength and courage of friends and family when they're struggling to be themselves.

What would be your desert island pick for a book, a piece of music, and food?

I would have to pick probably A Court Of Mist And Fury by Sarah J. Mass which is the second book in its series although I enjoy the entire series. For music I would have to go with my favourite country song, "God Gave Me You" by Blake Shelton and for food I would have to pick Chinese food (as long as it's not too spicy).

Where would your dream vacation spot be?

A beach that my daughter can play with all the sands and rocks and some nice warm water to be able to swim and play in.

*by Theo & Evelyn
MacGillivray*



INSPIRATIONAL POETRY

JOY

Such a fragile and short, tiny word,
For an ocean of meanings.
When the morning arrives bursting of sounds,
Light and life, then Joy comes fleeting,
Like the fluttering of butterfly wings,
Short-lived, buzzing in the winds in its music of trees and birds.

This waking up of nature reminds us of only one word:
Thanks!

For an instant subtle and radiantly short, of communicating
with our inner light,
The thin thread that connects us to the Divine,
In this gift we call Life!

by Violeta San Juan

THE WHOLE WORLD IS A CATHEDRAL

The title of this article is the first line of a poem by the Russian poet, Boris Pasternak (1890-1960). Pasternak is known to western audiences primarily as the author of the novel, *'Doctor Zhivago'*. We may not know the novel but we remember the wonderful movie based on the book in 1965, starring Omar Sharif and Julie Christie. Pasternak is revered in Russia more as a poet than a novelist, but his poetry is not as widely known in English. The poem which begins with our title was translated into English by Lydia Pasternak Slater, Boris's sister who was also a poet.

*The whole wide world is a cathedral,
I stand inside, the air is calm,
And from afar at times there reaches
My ear the echo of a psalm.*

Boris Pasternak lived through two world wars and the oppression of the Soviet Union. He lived at a time when freedom of expression was not a right and the power of the state controlled daily life. However, the people found joy and solace in the beauty of nature and in their deep religious faith. This poem juxtaposes the beauty



and the power of the natural world. It describes a gathering storm over a lake, the darkening sky and the threatening clouds. When the storm is over, the sun on the water and the foliage is like the stained glass of a cathedral.

In recent years, we associate the Russian country with oppressive governments and the aggression of war, but we should not forget its rich cultural history in literature, art and music. In many cases, it was those talented people who inspired resistance to the iron-fisted government. The Soviet state attempted to suppress the influence of the Christian Orthodox Church in Russia, but the people

managed to maintain their strong faith in God and their beautiful religious traditions.

Outside the major city centres, most of the population lived and worked on the land. For this reason, many of the Russian people could relate to the people of the Bible who depended on the seasons of nature for food and survival. The glories and abundance of the natural world were God's blessing. The destructive power of nature was the terrifying force of God's displeasure.

In this poem, Pasternak refers to the psalms. There are numerous references in the psalms linking the splendour of nature to the greatness of God's creation.

*You have set the earth upon its foundations,
So that it never shall move at any time.
You covered it with the deep as with a mantle;
The waters stood higher than the mountains.*
(Psalm 104:5&6)

In the 37 verses of psalm 104, the psalmist describes the majesty and abundance of God's world.

During the summer months, we often have the opportunity to enjoy the beauty of nature. However, in recent times, we have been reminded of both the power and the fragility of our natural world. The devastating wildfires sweeping across most of our nation have warned humanity that God's world, our world, is susceptible to human complacency and carelessness. As we know, cathedrals can inspire thoughts of the Divine, but all cathedrals, those of stone and those of the earth, require care and devotion.

A few years ago, there was a popular line from a hymn, "Cherish the world God made." The word 'cherish' means much more than 'care for.' It incorporates the ideas of 'love' and 'value' and 'sacrifice'. As Christians, we must love and value the natural world enough to sacrifice personal desires and comforts so that future generations can enjoy cathedrals, both those of stone and those of the earth.

by Sharyn Hall ✦
photo: © Alexander
(Sandy) Darling



WARDENS' WORLD

Thanks to the sterling leadership of Warden Brian Kreps, Dean Tim, and all who contributed through discussion and prayer, our Cathedral MAP (Mission Action Plan) is now complete.

The Anglican Diocese of Niagara has a multi-year [Mission Action Plan](#) as a result of a major planning process. To quote the Website, "*Mission-shaped planning challenges the church to think on a deeper level than mere activity... we are invited to think differently about everything we do. The goal of a mission action plan is not a church-shaped mission – it's a mission-shaped church.*" Each parish is challenged to make it real in its own community and time, in accordance with a guidebook.

The preparation of our Parish Profile in 2019 (recruitment of our new Dean) and the community study completed by a summer student gave us a head start towards developing our MAP. This past year, we've had the generous help of

consultant and fellow Anglican Michael Smith, President of Integram, who donated many hours of his time to help us be more concise and specific in our descriptions of our community and our unique ministries. Brian Kreps and Dena Thomas also facilitated four Sunday gatherings of parishioners who shared their wisdom and passion.

The Diocese, upon receipt of our plan and meeting notes, granted us a \$5000 credit in our financial arrangements with them. Good news!

What's next? Faith Formation, Community Engagement, Newcomers groups are invited to create plans with measurable objectives for the short and longer term. This will give life and legs to our MAP, the work to which all of us in the Cathedral community have been called in our time. Corporation will use the MAP for decision-making and quarterly progress review.

Here's the Cathedral Mission Action Plan.

<p>Vision Statement - The Vision Statement describes the future state we wish to achieve together. It should be grounded in the Mission.</p>
<p>We are a growing, vibrant community of compassion and hope gathering in our beautiful historic building, virtually and in the neighbourhood. Our fervent commitment to spiritual growth and responsiveness to needs within our congregation and city make us a beacon for those searching for a place to belong, grow in faith and serve.</p>
<p>Mission Statement - The Mission Statement describes why we exist</p>
<p><i>Sharing God's loving transformation of lives with our neighbourhood, the diocese and the world through inspiring worship and music, spiritual formation and leadership development, compassionate service alongside our neighbours, and a warm, inclusive hospitality.</i> <i>We are a sacred oasis in the heart of the city.</i></p>
<p>Values and Practices - These values and practices describe how we live out our Mission. Decisions about parish life should reflect these values and practices.</p>
<ul style="list-style-type: none"> • Practicing expansive hospitality to one another, our neighbours and the Diocese of Niagara. • Faithful in prayer and worship, pursuing musical and liturgical excellence. • Growing spiritually as followers of Jesus. • Supporting and empowering emerging leaders within the congregation and Diocese. • Offering compassionate pastoral care in times of need. • Working for ecological and social justice through personal action, partnership and advocacy • Giving generously of our time and talent.
<p>Our Promise - As a community, the commitment that we make to everyone we encounter.</p>
<p>Whatever you seek, we welcome you with open hearts and invite you to journey with us.</p>
<p>Tagline - The tagline is a quick descriptor we can use to describe Christ's Church Cathedral. It is intended to be a teaser that would be intriguing and encourage people to learn more.</p>
<p>Deep roots, sacred space, caring community in the heart of Hamilton</p>

JOYFUL CHURCH MUSIC

How can joy be reflected in music? In particular, how can church music bring joy to our lives of faith? What kinds of joy are there? These are the questions that came up in my mind as I thought about an article for this edition of *Contact*.

Religion has sometimes been associated with being miserable. Well, maybe that's a slight overstatement. But I can remember countless stories from the past where Christians frowned on Sunday activities which were too much fun. Fortunately, my own experience of worship in the Anglican church, since I was just 8 years old, has included deep experiences of joy, mostly through singing hymns or choir anthems.

Some music expresses an energetic, boisterous joy. A few of my favourite joy-filled hymns are: "Joyful, joyful we adore thee"; "O praise ye the Lord!"; and "Angels from the realms of glory" (to the exhilarating tune Regent Square). When it comes to anthems, I think of pieces like the Hallelujah Chorus from Handel's *Messiah*, or the Easter carol "This joyful Eastertide".

There is another kind of joy that I find particularly attractive – a quieter, calm joy. It is the kind of joy I think of when I read Jesus' words in John 16, 22: "So you have pain now; but I will see you again, and your hearts will rejoice, and no one will take your joy from you." Jesus describes a deep and enduring joy, which is always there under the surface, even among the ups and downs of life. This kind of joy is reflected for me in a different selection of hymns. For example, "Morning has broken", or "Silent night". A particular favourite of mine is the song "Be still, for the presence of the Lord, the holy One, is here" by David Evans.

What kind of music gives you joy? Do you prefer the louder, energetic joy, or the quieter, calm joy? Does it depend on your mood? Just

as different people find joy in different music, different church traditions use different styles of music, and express joy in different ways. Some churches have praise bands with guitars and drums, and can perform loud, exciting, rhythmic music which can be very uplifting. I often hear it said that more contemporary styles of music like this are more attractive to the people of our time, especially the young. Yet the music of our tradition at the Cathedral, focussing as we do on the organ and choir, with a big dose of more quiet, reflective music, has unique strengths.

In the Book of the Prophet Isaiah, we find the words: "Thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength." (Is 30:15) Despite the seeming contradiction, the quieter joy of so much of our cathedral music can be for us a source of strength and energy. That strength ultimately comes from the power of God, in whom we live, and move and find our rest.



by Bruce Burbidge
photo: © Alexander
(Sandy) Darling

MIGRANT WORKER MINISTRY

MIGRANT WORKER MINISTRY OF ST ALBAN'S BEAMSVILLE

You have probably read about the request for bikes for migrant farm workers in the weekly Chronicle. Since the program started ten years ago, it has evolved and grown into a much more comprehensive ministry. The COVID pandemic proved to be both a curse and a blessing. The curse was that activity had to be curtailed, but the silver lining to the cloud was that Canada came to realize how much we need these migrant workers for our food security and to understand better the needs of these workers. The ministry team and the parish of St Alban's, Beamsville, took the time after COVID to re-envision the ministry, reorganize space and bring on new partners.

I took a bike on May 25, and the parking lot had many bicycles used by workers to come. I knew where to go - I just followed the sound of animated voices. Jeni and I returned a week later, and we entered a newly decorated room that is used as a social area where food and drink are available. Here we found Rev. Dan Tatarnic, who served at the cathedral recently, suitably attired to serve food and drink in the weekly program for workers. Dan then gave us a tour, starting with a shelf of food that is available to solve one problem that workers face. Typical affordable North American food is not part of the diet of Central and South America, but their food is expensive here, so making food like beans available at an affordable price means much.

From the social room, we moved to a room devoted to clothes for both men and women that can be used in their work environment. Roughly thirty per cent of the workers are women and they are more likely to work in greenhouses. The men work mainly in the fields, so clothing with long sleeves to provide protection from sun and insects is in demand. We were visiting after the season started so supplies were starting to run low.

One important development has been made possible through a partnership with Quest since 2011 to provide medical services. Quest

is a non-profit similar to Médecins sans Frontières, and it provides health services at St Alban's each Thursday afternoon and evening. One room is used to receive those requesting service and to assess needs. In one parish office we were introduced to a doctor and in a larger room was a nurse practitioner, who is employed full-time, and facilities for inspection of patients. Quest is also delivering service at other locations in the peninsula on the remaining days of the week. If blood tests, injections or similar activities are required, Quest staff may go to the farms, so that workers do not have to miss work waiting in hospitals or clinics to be treated by staff who do not speak Spanish. Another aspect of the medical services is that OHIP cards are not required, so workers can receive treatment during the three-month qualification period. Access to other professionals like lawyers, dietitians and social workers is also available.

The crypt under the church provides storage for bikes, and they are packed in there with clear access throughout to doors at both ends. At the beginning of each season a worker can purchase a bicycle for \$25.00 and this will be reimbursed at the end of the season, although few ever ask for their money back. Most intriguing was the work-shop where bikes are refurbished and repaired on an as needed basis. At home, I have a can of WD40 that has lasted me for years, so I laughed to see a quart can that is obviously well used. The workshop is where one worker spends time each week fixing up bikes after work. He has turned this into work back home where he repairs bicycles for a living. The space is well organized with tools and spare parts each in its allotted space.



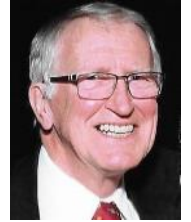
Storage of bikes and spare parts in the church crypt. Photo credit: Jeni Darling

(Continued from page 13)

Jeni and I were delighted to see Dan so happy, energized and devoted to this ministry, which is led by Rev. Antonio Ilas, a Spanish-speaking priest who is helped by members of the parish. Dan was so pleased to greet us and give us “the tour” with the enthusiasm of someone fulfilled by a meaningful ministry that gives him happiness. What started as “bicycles for workers” has grown into something much more comprehensive. These workers have probably planted, cultivated and

harvested the fruit, vegetables, grapes for wine and flowers that we need and enjoy. They appreciate the ministry that has given them independence and support and were pleased to see and to greet us.

by **Sandy Darling**



NOTES & NEWS

Warm congratulations to Monica Romig-Green who was ordained a deacon on Sunday, June 4 at Christ’s Church Cathedral! You may have met Monica since she has spent the 2022/2023 academic year as a theological student at the Cathedral under Dean Tim’s supervision. As of August 21, she will join the Cathedral staff as a curate (ordained assistant to the Dean) for about 18 months to complete her training. Much of the funding for Monica’s employment with us will be provided by the Diocese of Niagara’s Differentiated Curacies Fund, for which we’re very grateful. If you’ve had a chance to meet Monica, you will have been impressed by her intelligence, insight, warmth and enthusiasm for ministry and for community-building. If you haven’t yet met her, don’t hesitate to introduce yourself the next time you’re at CCC. Monica and her husband Matthew (who facilitates CCC’s lectionary series “Diving Deeper”) will be walking the last 100 km of the ancient pilgrimage route to Santiago in Spain, the Camino Frances in August, right before Monica starts her new job at the Cathedral. Prayers for your journey, Monica and Matthew!



(Continued on page 15)

(Continued from page 14)

And speaking of walking the Camino, two Cathedral members completed the Camino Portugues pilgrimage route on separate journeys. Wendy Newman and a close friend walked from Porto in Portugal to Santiago, Spain along the coastal route starting in early May, and John Bradley followed along the inland route about two weeks later. Both Wendy and John have previously walked the longer Camino Frances (or “French Camino”), and so are seasoned pilgrims. If you have an interest in walking the Camino and would like more information, both of them would be pleased to speak with you.



A warm thank-you to all who contributed to the most recent Newcomers’ Lunch on June 11 in the Spence Room. We welcomed 13 new folks to Christ’s Church Cathedral – remarkable because this event was held just a few months after our first successful post-pandemic Newcomers’ event a very few months ago. We’re learning that the reasons people choose to attend Christ’s Church Cathedral are as diverse as the congregation itself – the beautiful architecture, the strong musical program, the excellent pastoral leadership. Not everyone wants to or can become heavily involved in the life of the parish. We all have an important role to play in building that kind of caring, supportive community at CCC. It can be as simple as saying “Hi, I don’t

think we’ve met, my name is -----” and seeing where the conversation goes from there.



A warm welcome to Helaine Guether in her new role as Chair of the Columbarium board. You may not know that there is a beautiful columbarium chapel (place for ashes to be stored after cremation) located underneath the main worship space. Niche spaces are still available for purchase. If you might be interested in this service, please contact Helaine through the Cathedral office.

cathedral.admin@niagaraanglican.ca



photo: © Alexander (Sandy) Darling

**by Elizabeth Wensley
on behalf of the CCC
Corporation**



FAITH FORMATION

Jesus spent three years teaching his followers, showing them how to live life well and to understand the world and God's great love for it. Now, even two thousand years later, we are still called to follow Jesus and learn from him. He has invited us to be his disciples – his apprentices in the field of living well.

Last January the newly formed Faith Formation Committee launched its initial offerings in its goal of providing a year-long curriculum for spiritual development and education. Now armed with feedback from those programs as well as the Mission Action Plan Process (MAP), we are finalizing plans to take us through to summer 2024. Recognizing that we come with many different gifts and that there are many ways to participate in that apprenticeship, we hope that a variety of offerings provides ways for all of us to learn more about how to live as Jesus did, participating in the very life of God and walking in the world as God intended: flourishing and full in a community of love.

Tentative plans include

Weekly Gatherings - A revised Digging Deeper will provide regular opportunities to gather in discussion together. The Contemplative Prayer Groups will seek to provide space to rest in God's presence.

Monthly Gatherings - The popular Lenten Movie Series of last spring will resurface as monthly gatherings with differing spiritual themes. The Climate Justice Series from last Lent will be expanded to include other relevant justice conversations.

Community Events - We will bring back Cathedral Chats: opportunities to bring in an expert to talk about issues relevant to Hamilton and the neighbourhood.

Topical Studies - Offerings will include Explor-

ing Prayer, Anglicanism 101, and a yet-to-be-determined Lenten study.

Stay tuned for the new brochure that will be available in September!

Comments and feedback are always welcomed by the Faith Formation Committee: Tim Dobbin, Monica Green, Matthew Green, Marie Avery and Catherine Leckey.

by the Faith Formation Committee

Faith formation is people of all ages growing in their relationship with and understanding of God, Jesus, the Bible, and their faith. Faith formation is about living as disciples of Jesus in our day-to-day lives at home, at work, in our faith community, and in the world.

JOY IS ABIDING

Ps 30: Weeping may linger for the night, but joy comes with the morning.

When I received a request from Sally to write a few words about what brings me joy, my mind went blank even though I was eating a butter tart at the time and really enjoying it after a three-year absence from Canadian butter tarts!

It has been a difficult eighteen months with three major family bereavements: one from age and health, one from COVID, and one from suicide. In addition, I helped to clean, clear, and close a house and ministry that I had helped to open 26 years ago. Because of that, I have left an English parish where I have worshipped along with my maternal line for at least seven generations. All that upset my inner balance considerably and I was not sure that I was feeling much joy.

But joy is different from happiness and upon reflection, I realised that for me joy is abiding even when the world seems to be falling apart. Joy is knowing that the sun will rise tomorrow and that flowers will bloom even if there is no one to see them. Joy is holding a baby in your arms and rejoicing at new life. Joy is sharing laughter with friends and a hug with family. Joy comes from knowing that love and life are stronger than death. Joy is knowing deep down that we are held in the arms of a loving Creator.

by Marguerite Mae, CSC



Perennial joy in Bishopsgate

photos: © Alexander (Sandy) Darling

HAVE YOU MOVED OR CHANGED YOUR CONTACT INFORMATION?

Be sure to contact the church office with new/changed addresses, phone numbers & email addresses to help keep our database up to date

Let Tricia (Parish Administrator) know by calling 905-527-1316, ext. 240 or email cathedral.admin@niagaraanglican.ca

THE JOY OF BLISTERS

THE PORTUGUESE CAMINO - Costal Route

Pilgrimage, or Joy of Blisters

I'm a Camino pilgrim. I walked the classic 800 Km route from the French side of the Pyrenees to Santiago de Compostela (traditionally deemed the resting place of St. James the Apostle) in 2011 with my nephew. I walked 100 Km of the Le Puy (feeder) route in France in 2014 with my husband Jim. In May 2023, I walked the Portuguese route, about 300 Km from Porto, again to Santiago.

Pilgrimage entails both an outward journey and an inward journey. The outward journey can be so taxing – hills, accommodations, physical pain from strain or blisters, weather - that it can push one's inward journey to the margins. But it can be very simple, if we don't complicate it by distractions or overthinking (my specialty). People have done it for many reasons – penance, grief, curiosity, exercise. In the Middle Ages, pilgrims might leave home for Rome, Jerusalem, or Santiago, and not return for years.



When I walked the long Camino route at age 65, twelve years ago, I was heading into the unknown. As my nephew and I often walked separately, it was frequently an experience of solitude and contemplation. I called it my quality time with God, whose reassuring presence I often sensed directly. We had no phone and sometimes went for days with no

Internet access. We walked 33 consecutive days, six to ten hours, carrying everything in our backpacks, always on the outer edge of my comfort zone. I was grappling with issues of identity, especially retirement. God didn't exactly answer me aloud, but it did seem that God didn't dwell so much on my employment status as my calling.

This year, I was heading into the partially known. I'd been to Portugal before. I walked every step alongside a very sociable friend. I could text every day. There was actually little solitude. We had most of our possessions moved by a company, and we stayed in little inns instead of dorms in pilgrim hostels. Though my surroundings were breathtakingly beautiful, this time I had more difficulty staying in the moment. Despite being perfectly safe, I was often afraid that I couldn't do it, or do it fast enough. I

feared that age really had caught up with me – everyone there was much younger! I was also conscious of walking in a bustling and more secular environment of hikers and tourists. The hilly terrain was significantly tougher than I had expected. As a result, I really had to focus to retain a sense of walking within a sanctuary.





You may well ask, so where's the joy in all that? It is hard to convey, but there is something about living at the speed of walking that slows us down, re-tunes us to bird song and ocean waves, honours our hard-working feet, and resets our connection with God's creation. Add to that the joy of walking in a thousand year old tradition that gives deeply personal meaning to the "communion of saints". There is also joy in a gentle sharing of faith with new friends who may be alienated from churches but earnestly desire meaning - people whom churches call "seekers". And as before, joy in God's provision for me as a pilgrim: generous and cheerful companions, warm rain and radiant sunshine, deep restful sleep at the end of the day, and unconditional love. Sore feet? Yes. And great joy.

by *Wendy Newman*



THE JOY OF WALKING

THE PORTUGUESE CAMINO - Central Route

On May 11, I departed Porto to walk 280 km on the Portuguese Camino. The weather was perfect, not a drop of rain and rarely even a cloud. Some days were easy, while others were a challenge. Overcoming blisters, a sore knee, and a nasty cold (COVID?) I arrived in Santiago on May 24.

Santiago de Compostela is a bit of a metaphor for the entire Camino experience. Whether you arrive from the east on the Camino Frances, the south on the Portuguese Camino, or one of side trails of either, all converge at the great Cathedral of Santiago de Compostela (St. James of the Stars).



Despite its beauty and significance, Santiago is transient. Most pilgrims arrive on foot and leave by train or plane within forty-eight hours. While approximately one hundred thousand call the city home, its cafes, hotels, hostels and inns are full most nights, swelling the population by up to ten thousand each day.

Every afternoon and evening, the restaurants and sidewalk cafes are overflowing with pilgrims celebrating the completion of their walk.

There is a palpable sense of excitement and joy. Yet tomorrow those pilgrims will be gone and replaced by new celebrants who they have never met.

You meet the same people along way who started their pilgrimage the same day you did. The same familiar faces are encountered on the trail during the day and at hotels and restaurants in the evening. Those who started their journey the day before or after you will forever remain strangers.



On the last evening, as I walked back to my hotel in Santiago, I was struck by the intensity of the emotions displayed on the streets. People, who six weeks ago were total strangers, had developed deep bonds based on a shared experience. Some of the good-bye partings were very emotional. Tomorrow they will go back to being strangers with only memories in common.

Transience, the concept I mentioned earlier, was with me this entire walk. I enjoyed the experience immensely, but realized it is not reality. Our lives and impact are where we live, not along a path with temporary friends. We must grow where we are planted.

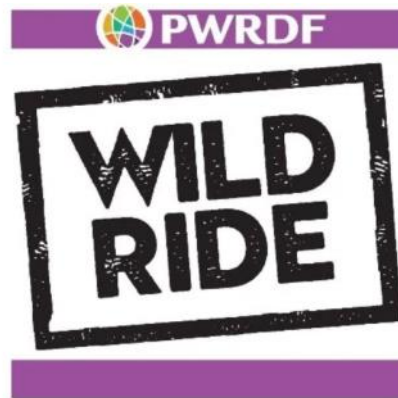


All travel is an intense experience, the Camino even more so. You meet strangers from all over the world and form instant bonds. You struggle together each day and recover together each evening. This is more the case on the longer Camino Frances.

As a solo walker, I had the opportunity to interact with others or to maintain my solitude. I will admit that on this walk I preferred being alone. On the longer walk six years ago more connections were made.

by John Bradley





The 2023 PWRDF Wild Ride began on World Refugee Day, June 20th, and will run until Thanksgiving Day, October 9th. This annual campaign is once again supporting PWRDF's partners who work with refugees or Internally Displaced Persons (IDPs) in countries such as Tanzania, South Sudan, Jordan, Ukraine, and more.

Our CCC team, the Cathedral Crusaders, will again be walking in September to raise funds for this worthy cause.



Watch your weekly Chronicle for further details.

Plan to join us and help PWRDF reach its ambitious goal of \$50,000!

For additional information, please contact your Parish PWRDF Representative, Louise van Woelderen at louise.vanwoelderen@gmail.com or at (905)387-1820.

CLIMATE JUSTICE IN BISHOPSGATE

Climate Justice: Caring for Creation: Thinking Local

While the Cathedral Parish might be perceived to have been slow to come to the Climate Justice Table, we were setting an example when Bishopsgate was first envisioned as a place of tranquility in the Jamesville neighbourhood by providing a beautiful, curated space for the local community as well as for parish and diocesan use. In 2000 when the garden was developed there was very little greening in the downtown area. One of the joys of tending the garden is listening to the passersby, or those who spend time in our space telling us how much they appreciate its quiet beauty.

Someone told me how seeing the gardens in their summer glory helped her to make the decision to move to Hamilton. I have met people who valued being able to sit quietly in the garden between visits to family in nearby hospitals and more than one person who goes out of their way to take a break between a night shift and returning home.



Over the years, the focus of the garden has changed to be much less formal. There is a focus on native plants and providing for pollinators. The formal tree and shrub plantings are predominately native varieties, and we even encourage weeds, like our prolific milkweed plot along the James North fence, close to the fountain. We leave cover for bugs to winter over and have had insects busy pollinating our early bulbs in February. I am happy to point folk to resources if you would like assistance in your own gardens.

During Covid our neighbours on Hughson Street, appreciating our efforts to brighten the neighbourhood, were inspired to brighten the city-owned strip along the back fence and created their own beautiful shade garden. They are currently working to control the weeds on our side of the fence, and you may also see that they have expanded, in search of sunlight, into the space between our parking lot and the city lot next door. We have shared plants with them and value their friendship and concern for the planet.



photos: © Alexander (Sandy) Darling

**by Jeni Darling
Leader of the Weeders
905-689-7481 (home)
905-928-7481 (cell)**



CLIMATE JUSTICE NIAGARA

The Anglican Church and the Climate Crisis (Part 2)

In the last issue of CONTACT, I expressed concern about Anglicans' slow response to the Fifth Mark of Mission of the Anglican Communion: *to strive to safeguard the integrity of creation and sustain and renew the earth*. In contrast, this report shares some very good news:

- Delegates from the Diocese of Niagara will be presenting to the 2023 Anglican General Synod in July a motion highlighting the worsening global climate emergency, endorsing work toward a major reduction in greenhouse gas emissions, and promoting ethical investing throughout the Anglican Church in Canada.
- Niagara has also been moving forward with a diocesan committee called Climate Justice Niagara (<https://niagaraanglican.ca/climatejustice>) which has produced educational workshops and materials. This group's recent emphasis has been on parish energy audits.
- And now, a new Cathedral initiative known as Climate Justice Cathedral has been formed, an outcome of the recent Niagara School for Missional Leadership course 'Following Jesus in a World of Climate Breakdown.' Climate Justice Cathedral is intended to foster attention and action at the parish level. Advocacy will be a primary focus to mobilize Christ's Church Cathedral's and other parishes' faith communities in the fight against climate change.



The Terms of Reference are aligned with the Diocese of Niagara's motion that will be presented to General Synod in July. They state that Climate Justice Cathedral:

- Declares, in solidarity with the most vulnerable of our society, that there is a worsening global climate emergency.
- Encourages all members of this parish and other faith communities to make safeguarding the integrity of God's creation a priority of our faith and our actions.
- Advocates for this parish, other faith communities, industries, governments, and all of society to reduce GHG emissions to help Canada reach a realistic level below 2005 levels by 2030 (level is under review).
- Endorses a broad-based approach and ESG investing by our own faith community which considers people, society, and the environment as important as financial performance.
- Engages our parish community to publicize our efforts as a Christian witness to their communities at large as a means of demonstrating our deep and abiding commitment to addressing the climate crisis

Our committee roster is full currently. We will be drawing on **your interest and your participation** as we proceed.

- Dean Tim Dobbin, Co-Leader, CCC
- Jim Newman, Co-Leader, CCC
- Don Brown, CCC
- Rose Janson, CCC
- Jeni Darling, CCC
- Catherine Leckey, CCC
- Norm Newberry, St. John's Locke St.

Consultants:

- Paul Racher, CCC
- Dale Guenter, CCC

We are acutely aware of the need for clear, specific focus, as there are limits to our capacity to take on projects and activities. Initial discussions have produced the following list:

- **Investments:** Recently a group from Climate Justice Niagara met with the Diocesan Investment Committee to initiate discussion about expanding ESG investments. (ESG investing is the consideration of environmental, social and governance factors alongside financial factors in the investment decision-making process. This committee's involvement would be limited to Christ's Church Cathedral's Endowment Fund.
- **Liturgical Prayers:** There is a need for Climate Justice prayers beginning immediately at all services, especially for climate emergencies; for Mother Marguerite Eamon's ministries in Solomon Islands, and for our full participation in the Season of Creation celebrated during September and October.
- **Physical Plant:** By the end of this year Climate Justice Niagara's Parish Energy Audit Team will have developed more than 25 parish profiles for energy usage, and prepared recommendations from their findings. Christ's Church Cathedral's energy profile development is underway and we expect several recommendations to be implemented via the Cathedral Place Proper-

ty Management Committee.

- **Communications and Advocacy:** Climate justice communications fall within our advocacy role. This will include working with other established climate change organizations who focus on ESG Investing, saving the Greenbelt, and reduction of fossil fuel emissions. Watch for our weekly commentary in the Chronicle, letters to the editor, petitions, and our support of non-governmental environmental organizations which have highly developed programs and extensive networks.

Stay tuned – we are eager to engage your passion about climate concerns!



photos: © Alexander (Sandy) Darling



by Jim Newman

CLIMATE CHANGE CATHEDRAL

There's nothing new about what I'm writing, but as Greta Thunberg says, "it needs to be said over and over again."

If you were told that what you were doing was having disastrous effects upon those whom you loved, would you continue to do it? In the days when spraying lawns with pesticides was in vogue, my wife experienced dramatic effects when our next-door neighbour's lawn-care people came to do just that. Initially, we asked our neighbour whether he would let us know when the lawn people were coming so that we could be sure to close our windows. The problem became so severe that I asked my neighbour whether he would consider not having his lawn sprayed. His answer was, "I will when everyone else does." At the same time, the City of Hamilton was holding public hearings on this industry's widespread practice. The hearings resulted in the City of Hamilton passing a by-law on September 26, 2007, banning the use of pesticides in gardens for cosmetic purposes. Our neighbour complied.

About 30 to 40 years ago, Exxon Mobile's scientists told their senior executives that, according to their research, if the world continued burning fossil fuels -- coal, gas, and oil -- for energy and other products, the results would be catastrophic for the Earth. Science does not show absolute proof for such a prediction and there's always a margin of error. Based on this, the Exxon officials decided to ignore the scientists and spent billions of dollars to create a climate of doubt about Climate Change.

At the time of this writing, Canada is on fire. The forest fires began before the usual time and have occurred in several provinces at once. Why? The Earth's atmosphere is becoming more and more saturated with greenhouse gas emissions. While this shield allows the heat of the Sun to warm the Earth, it also prevents the heat from the Earth from escaping: the reason the Earth's atmosphere is warming, the reason the oceans are rising.

For thousands of years and until the Industrial Revolution, the concentration of carbon dioxide (CO₂) in the Earth's atmosphere has been

on average 350 parts per million (ppm). Currently, it has risen to nearly 424 ppm, and continues to rise. One of the significant causes for this rise is the extraction and burning of fossil fuels: coal, gas, and oil. These three are the major source of our energy requirements. Fossil fuels feed a multibillion-dollar industry providing a lucrative investment for financial institutions, a host of pension funds (including the Canada Pension Plan, banks, churches, and some community organizations).

With all the medical facts at our disposal, it took several years before it was admitted that advertising the sale of cigarettes was a **criminal** act. It had to be stopped. It is increasingly apparent that the burning of fossil fuels is a **criminal** act. It must be stopped. And if our government continues to subsidize the fossil fuel industry with billions of taxpayers' money, it is also engaging in **criminal** activity. That should surely stop. Reinvesting in renewable sources of energy, with a just transition for workers, is possible and showing growing return on investment.

During Lent this year, members of the Cathedral attended a weekly series entitled: "Following Jesus in a world of Climate Change". The final session ended with an urgent call upon all dioceses and congregations to consider "divestment" a primary responsibility in addressing the climate crisis. Accordingly, Climate Justice Niagara has initiated meetings with the Treasurer, Executive Officer, and Secretary of Synod. Exploration of this matter is now under way. Will we wait till everybody else does?

"Where your treasure is there will your heart be also": Matthew 6:21. "Our worth comes not from our possessions but how we treat others and the Environment": Mike Berners-Lee.

by Don Brown



FINANCIAL REPORT

For the period ending June 30, 2023

Parishioner Giving continues to be behind plan although it's encouraging that we are ahead of last year at this time by \$13,219. Expenses are lower than the budgeted amounts but this is primarily due to timing and we expect these to normalize as the year progresses.

As the summer months are upon us, many will be taking time for rest and relaxation and the Cathedral Corporation wishes everyone a safe and enjoyable summer. Please be reminded, however, that the Cathedral expenses do not take a holiday and so if you are going to be away, please be mindful of keeping your donations up to date.

Income	30-Jun-23	2023 Budget	Variance	2022 Actual
Parishioner Givings	\$150,696	\$169,500	-\$18,804	\$137,477
Other Income*	\$15,059	\$11,573	\$4,231	\$23,929
Open Collection	\$2,768	\$1,200	\$1,568	\$728
Misc. Income	\$1,993	\$250	\$1,743	\$657
Fund Income	\$62,735	\$62,735	\$0	\$81,500
PWRDF	\$1,575	\$1,890	-\$315	\$2,260
St. Matthew's House	\$180	\$180	\$0	\$180
Special Offerings**	\$23,594	\$5,000	\$17,849	\$131,819
Gov of Canada Grant (Hearing Devices)	\$17,773	\$0	\$17,773	\$0
City of Hamilton Grant (Café)	\$5,000	\$0	\$5,000	\$0
Transfer in from Funds	\$4,107	\$0	\$4,107	\$64
Total Income	\$285,480	\$252,328	\$33,152	\$378,614
Expenses				
Staffing	\$160,343	\$165,608	-\$5,265	\$158,256
Diocesan Assessment	\$27,500	\$27,500	\$0	\$25,363
Property	\$39,823	\$39,144	\$679	\$36,748
Admin and Programs	\$33,598	\$38,384	-\$4,786	\$18,802
Transfer out to PWRDF, St. Matthew's	\$1,755	\$2,070	-\$315	\$2,440
Transfer out to designated funds	\$32,622	\$0	\$32,622	\$137,667
Long Term Debt Repayment (Diocese)	\$10,000	\$10,000	\$0	\$12,500
Total Expense	\$305,641	\$282,706	\$22,935	\$391,776
Net Income (Deficit)	-\$20,161	-\$30,378	-\$10,217	-\$13,162

* Other Income includes Choral Scholarships, Dean's Discretionary, Memorial Flowers and Festivals, and Outreach.

** We received special one-time offerings of \$10,000 to assist with the payment of our long-term debt, \$2,500 donation for the purchase of new chairs for the Spence Living Room, \$1,100 to help offset the cost of the Easter brass, \$745 in General Memorial donations, a one-time donation of \$7,000 to be used at the Corporation's discretion towards the maintenance and upkeep of the property, \$1954 for the Francine Campbell-Rich Music and Arts Fund, \$145 for the Coldest Night of the Year (which were forwarded to Hamilton Helping Hands), and \$150 towards the Rev. Canon Dr. Sharyn Hall Arts Fund.

**by J. Lefebvre ✠, Treasurer,
on behalf of the CCC Corporation**



MIDSUMMER GENEROSITY

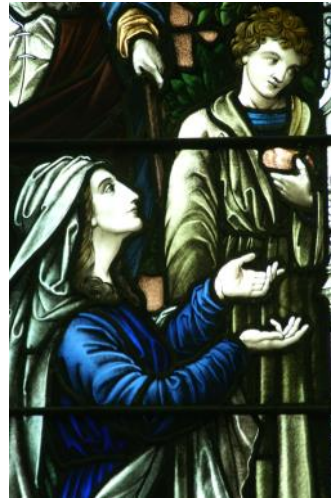
Ever heard this? “Don’t forget to give to the church during the summer, especially if you’re away for a while. Bills come in during the summer, too, and the church still must keep the lights on.”

Please. Don’t.

Here’s what really goes on in our Cathedral life and ministry during the summer: everyday miracles. When someone who’s just so tired from walking around the city in the stifling heat, or so bent down from addiction, or so stressed from last night’s tension in a crowded tent, arrives at our Cathedral Café, there’s a cool room and conversation and respect for the dignity of every human being. For that person, this ministry we offer out of our baptismal covenant is nothing less than a little miracle.

When a Cathedral family struggles with grief – the grief of long-term illness, or profound separation, or death expected or not - there is compassionate pastoral care, a listening ear, and a community of caring parishioners. All summer long. We never close.

When anyone in the existing or potential Cathedral family is wondering if there is any role for them in a world that feels like it’s lost its way – climate breakdown, deep social polarization, personal alienation – the Cathedral offers hope and community and welcomes questions, especially the awkward ones.



*Dorcus Window “Cheerful giving and receiving” Acts 9:36-43
photo: © Alexander (Sandy) Darling*

God has blessed us so generosity with beauty and opportunities for everyday ministry here in the heart of the city. Your Cathedral Generosity Team invites you to consider your response to God’s generosity to you and the Cathedral during this summer. We try to make it as easy as we can – you can give online, sign up for Pre-Authorized Giving, or simply mail your good old-fashioned cheque. The results? Well, they’re amazing. Way beyond lights on.



*by Wendy Newman,
on behalf of the
Generosity Team*



JULY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 Choral Eucharist 10:00 am (V) YouTube	3 Centering Prayer 7:15 pm ZOOM Lynn Godfrey	4 Centering Prayer 7:30 am ZOOM Lynn Godfrey Community Prayer - 9 am	5 Morning Prayer 8:30 am ZOOM Holy Eucharist 12:15 pm	6 Cathedral Café 10 am - noon	7 Centering Prayer 7:15 am ZOOM Cathedral Cafe 10 am - noon Litany of Reconciliation 12 pm	8
9 Choral Eucharist 10:00 am (V) YouTube	10 Centering Prayer 7:15 pm ZOOM Lynn Godfrey	11 Centering Prayer 7:30 am ZOOM Lynn Godfrey Community Prayer - 9 am	12 Morning Prayer 8:30 am ZOOM Holy Eucharist 12:15 pm	13 Cathedral Café 10 am - noon	14 Centering Prayer 7:15 am ZOOM Cathedral Café 10 am - noon Litany of Reconciliation 12 pm Art Crawl 7 - 10 pm	15
16 Choral Eucharist 10:00 am (V) YouTube	17 Centering Prayer 7:15 pm ZOOM Lynn Godfrey	18 Centering Prayer 7:30 am ZOOM Lynn Godfrey Community Prayer - 9 am	19 Morning Prayer 8:30 am ZOOM Holy Eucharist 12:15 pm	20 Cathedral Café 10 am - noon	21 Centering Prayer 7:15 am ZOOM Cathedral Café 10 am - noon Litany of Reconciliation 12 pm	22
23 Choral Eucharist 10:00 am (V) YouTube Celebration of Choral Music 7 pm	24 Centering Prayer 7:15 pm ZOOM Lynn Godfrey	25 Centering Prayer 7:30 am ZOOM Lynn Godfrey Community Prayer - 9 am	26 Holy Eucharist 12:15 pm	27 Cathedral Café 10 am - noon	28 Centering Prayer 7:15 am ZOOM Cathedral Café 10 am - noon Litany of Reconciliation 12 pm	29
30 Choral Eucharist 10:00 am (V) YouTube	31 Centering Prayer 7:15 pm ZOOM Lynn Godfrey					

AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <i>Centering Prayer</i> 7:30 am ZOOM Lynn Godfrey <i>Community Prayer</i> - 9 am	2	3 <i>Cathedral Cafe</i> 10 am - noon	4 <i>Centering Prayer</i> 7:15 am ZOOM <i>Cathedral Cafe</i> 10 am - noon <i>Litany of Reconciliation</i> 12 pm	5
6 <i>Choral Eucharist</i> 10:00 am (V) YouTube	7 <i>Centering Prayer</i> 7:15 pm ZOOM Lynn Godfrey	8 <i>Centering Prayer</i> 7:30 am ZOOM Lynn Godfrey <i>Community Prayer</i> - 9 am	9	10 <i>Cathedral Cafe</i> 10 am - noon	11 <i>Centering Prayer</i> 7:15 am ZOOM <i>Cathedral Café</i> 10 am - noon <i>Litany of Reconciliation</i> 12 pm <i>Art Crawl</i> 7 - 10 pm	12
13 <i>Choral Eucharist</i> 10:00 am (V) YouTube	14 <i>Centering Prayer</i> 7:15 pm ZOOM Lynn Godfrey	15 <i>Centering Prayer</i> 7:30 am ZOOM Lynn Godfrey <i>Community Prayer</i> - 9 am	16	17 <i>Cathedral Cafe</i> 10 am - noon	18 <i>Centering Prayer</i> 7:15 am ZOOM <i>Cathedral Cafe</i> 10 am - noon <i>Litany of Reconciliation</i> 12 pm	19
20 <i>Choral Eucharist</i> 10:00 am (V) YouTube	21 <i>Centering Prayer</i> 7:15 pm ZOOM Lynn Godfrey	22 <i>Centering Prayer</i> 7:30 am ZOOM Lynn Godfrey <i>Community Prayer</i> - 9 am	23	24 <i>Cathedral Cafe</i> 10 am - noon	25 <i>Centering Prayer</i> 7:15 am ZOOM <i>Cathedral Cafe</i> 10 am - noon <i>Litany of Reconciliation</i> 12 pm	26
27 <i>Choral Eucharist</i> 10:00 am (V) YouTube	28 <i>Centering Prayer</i> 7:15 pm ZOOM Lynn Godfrey	29 <i>Centering Prayer</i> 7:30 am ZOOM Lynn Godfrey <i>Community Prayer</i> - 9 am	30	31 <i>Cathedral Cafe</i> 10 am - noon		

SUMMER OFFICE HOURS - Monday to Thursday, 9 am to 4:30 pm

Please note that in the summer there is one service only on Sunday Mornings a 10 am.

Regular 8:30 am and 10:30 am services will resume on Sunday, September 10.

Also note that weekly Morning Prayer and Wednesday 12:15 pm Worship will resume on Wednesday, September 6

SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Centering Prayer 7:15 am ZOOM Cathedral Cafe 10 am - noon Litany of Reconciliation 12 pm	
3	4	5	6	7	8	9
Choral Eucharist 10:00 am (V) YouTube	Centering Prayer 7:15 pm ZOOM Lynn Godfrey	Centering Prayer 7:30 am ZOOM Lynn Godfrey Community Prayer - 9 am	Morning Prayer 8:30 am ZOOM Holy Eucharist 12:15 pm Prayer Shawl Knitting Group 1-3 pm	Cathedral Café 10 am - noon	Centering Prayer 7:15 am ZOOM Cathedral Cafe 10 am - noon Litany of Reconciliation 12 pm Supercrawl	Supercrawl
10	11	12	13	14	15	16
Holy Eucharist 8:30 am Choral Eucharist 10:30 am (V) YouTube Digging Deeper 12:15 pm Supercrawl	Centering Prayer 7:15 pm ZOOM Lynn Godfrey	Centering Prayer 7:30 am ZOOM Lynn Godfrey Community Prayer - 9 am	Morning Prayer 8:30 am ZOOM Holy Eucharist 12:15 pm Prayer Shawl Knitting Group 1-3 pm	Cathedral Café 10 am - noon	Centering Prayer 7:15 am ZOOM Cathedral Café 10 am - noon Litany of Reconciliation 12 pm Art Crawl 7 - 10 pm	
17	18	19	20	21	22	23
Holy Eucharist 8:30 am Choral Eucharist 10:30 am (V) YouTube Digging Deeper 12:15 pm	Centering Prayer 7:15 pm ZOOM Lynn Godfrey	Centering Prayer 7:30 am ZOOM Lynn Godfrey Community Prayer - 9 am	Morning Prayer 8:30 am ZOOM Holy Eucharist 12:15 pm Prayer Shawl Knitting Group 1-3 pm	Brass Monkeys 9:00 to noon Cathedral Café 10 am - noon	Centering Prayer 7:15 am ZOOM Cathedral Café 10 am - noon Litany of Reconciliation 12 pm	
24	25	26	27	28	29	30
Holy Eucharist 8:30 am Choral Eucharist 10:30 am (V) YouTube Digging Deeper 12:15 pm	Centering Prayer 7:15 pm ZOOM Lynn Godfrey	Centering Prayer 7:30 am ZOOM Lynn Godfrey Community Prayer - 9 am	Morning Prayer 8:30 am ZOOM Holy Eucharist 12:15 pm Prayer Shawl Knitting Group 1-3 pm	Cathedral Café 10 am - noon	Centering Prayer 7:15 am ZOOM Cathedral Café 10 am - noon Litany of Reconciliation 12 pm	

PASSAGES

MARRIAGES

Christopher Stocki & Anne Spence (*daughter of Bishop Ralph & Carol Spence*)
May 6, 2023

Jason Zhu & Clare Hopkins (*daughter of Rev. Dr. Stephen Hopkins & Elizabeth Wensley*)
May 27, 2023



ORDINATIONS

Monica Romig-Green & David Montgomery ordained to the Diaconate
June 4, 2023



DEATHS

Ven. Robert Snelling
(father of Mary Anne Grant)
Jan. 27, 2021 / Service June 3, 2023

Nancy Harrison
(former Parish Administrator)
June 11, 2023

Ven. John Rathbone
(former CCC Clergy)
June 15, 2023

Hugh Eamon
(brother of
Mother Marguerite Eamon)
June 27, 2023

Irene Maycock
(longtime CCC parishioner)
July 2, 2023

CONTACTS

Who's who and how to contact them

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The Very Rev. Dr. Tim Dobbin**

905-527-1316 Ext. 210

tim.dobbin@niagaraanglican.ca

**Deacon (as of August 21, 2023)
Rev. Monica Green**

**Parish Administrator
Mrs. Tricia Kalantari**

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Dr. Bruce Burbidge**

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